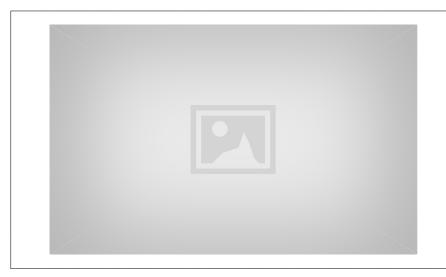


### **Cafe Spice**

### 12358 - Chicken Vindaloo With Lemon Rice Gl



Chicken and potatoes cooked in a spicy-tangy Vindaloo sauce. Paired with a side of Basmati lemon rice for the perfect portion any time. Caf Spice gets it just right with the balance of flavor and heat.



### \* Benefits

Enjoy true restaurant quality inspired by our culinary director and celebrated chef, Hari Nayak. Our modern-day Vindaloo is sweet, sour and spicyfeaturing tender chicken and potatoes combined with vinegar, fresh ginger and spices. This entre is served with Basmati lemon rice, prepared with lemon juice, turmeric, lentils and red chilis. Antibiotic free chicken and Gluten Free. Perfect for an on the go lunch or dinner!

### Ingredients

Mustard Seeds, Paprika Oleoresin

Chicken Vindaloo: Chicken Raised Without Antibiotics (boneless), Onions, Water, Potatoes, Tomato, Vinegar, Expeller Pressed Canola Oil, Sunflower Oil, Garlic, Ginger, Cultured Dextrose, Salt, Red Chilies, Cumin, Coriander, Cloves, Cinnamon, Cardamom, Bay Leaves, Kasoori Methi (fenugreek leaves), Citric Acid, Black Pepper, Mustard Seeds, Panyika Olegreein

Lemon Rice: Water, Basmati Rice, Non-GMO Expeller Pressed Canola Oil, Lemon Juice, Chana Dal (bengal gram), Urad Dal (black lentil), Cultured Dextrose, Salt, Mustard Seeds, Turmeric Powder, Whole Red Chilies

### Allergens

#### Free From:





# **Nutrition Facts**

Servings per Container 8 oz (227g) Serving size

# Amount per serving

Calories	250
% Dai	ily Value*
Total Fat 8 g	12%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 35 mg	12%
Sodium 590 mg	25%
Total Carbohydrate 33 g	11%
Dietary Fiber 3 g	3%
Total Sugars 2 g	
Includes 0 g Added Sugar	0%
Protein 13 g	_
Vitamin D 0 mcg	0%
Calcium 2 mg	2%
Iron 10 mg	10%
Potassium 0 mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in

a day is used for general nutrition advice.

a serving of food contributes to a daily diet. 2,000 calories

# **Handling Suggestions**

Keep frozen. Refrigerate after opening.

UNIT UPC: 825120004048

### Serving Suggestions

1 serving

## Prep & Cooking Suggestions

Microwave: Remove sleeve. Peel back film 2 inches on entre. Heat on High 3-5 minutes or until fully heated through. Let stand for 1 minute. Carefully remove the film.

Empty contents into frying pan, keeping rice on 1 side of pan and entre on the other.

Heat on Medium-to-Medium High heat for 8-10 minutes. Remove

from heat and transfer to a plate or bowl

# Product Specifications

Brand	Manufacturer
Cafe Spice	Cafe Spice LLC

UPC	MFG #	SPC#	GTIN	Pack	Pack Desc.
825120004048	71000173	12358	10825120004045		6/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.7 lb	7.37 lb	United States of America	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13.8 in	9.1 in	4.6 in	0.33 ft3	12x10	357 days	-5 °F / -2 °F





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### Nutrition Analysis - By Measure

Calories	250	Total Fat	8 g	Sodium	590 mg
Protein	13	Trans Fats	0 g	Calcium	2 mg
Total Carbohydrates•••	33 g	Saturated Fat	1.5 g	Iron	10 mg
Sugars	2 g	Added Sugars	0 g	Potassium	0 mg
Dietary Fiber	д 3	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	35 mg		
Vitamin A(IU)•		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium	_	Sulphites		Nitrates	

0	Additional Images	

