Cafe Spice

12359 - Chicken Curry With Lemon Rice Glute

Chicken Curry with Lemon Rice is a delicious, healthy and comforting combination. This version comes with tender chicken thats cooked in made-from-scratch onion-tomato curry sauce. Its then seasoned with Cafe Spice's signature spices that ignite your senses.

Nutrition Facts

Servings per Container	**2**
Serving size	**8oz(227g)**
Amount per serving	
Calories	**320**
	% Daily Value*
Total Fat 9g	**12%**
Saturated Fat 2g	**10%**
Trans Fat	
Cholesterol 50mg	**17%**
Sodium 590mg	**26%**
Total Carbohydrate 40g	**15%**
Dietary Fiber 3g	**11%**
Total Sugars 3g	
Includes 0g Added Sugar	**0%**
Protein 19g	
Vitamin D 0mcg	**0%**
Calcium 181mg	**14%**
Iron 2mg	**11%**
Potassium 361mg	**8%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Our Chicken Curry is a delicious and comforting meal prepared with tender chicken cooked in our made-from-scratch, authentically spiced onion-tomato curry sauce. This entree is served with Basmati saffron rice, prepared with real saffron threads and cooked with whole cardamom pods and bay leaves. Certified Humanely Raised Antibiotic Free Chicken, Gluten Free

Ingredients

Chicken Curry: Chicken (boneless), Onion, Tomatoes, Tomato Puree(tomatoes, citric acid), Garlic, Ginger, Expeller-Pressed Canola Oil, Cultured Dextrose, Salt, Spices, Turmeric, Paprika, Garam Masala (spice blend) Basmati Lemon Rice: Basmati Rice (water, basmati rice), Lemon Juice, Expeller Pressed Lemon Rice: Basmati Rice (water, basmati rice), Lemon Juice, Expeller Pressed Canola Oil, Chana Dal (Bengal gram lentils), Urad Dal (black gram), Cultured Dextrose, Salt, Mustard Seeds, Turmeric, Whole Red Chilis

Allergens

Free From:

crustaceans, eggs, fish, milk, peanuts, soy, tree nuts, wheat

Handling Suggestions

Keep frozen. Refrigerate after opening.

Serving Suggestions

1 serving

Prep & Cooking Suggestions

Microwave:
Remove sleeve. Peel back film 2 inches on entre.
Heat on High 3-5 minutes or until fully heated through.
Let stand for 1 minute. Carefully remove the film.

Stovetop:
Empty contents into frying pan, keeping rice on 1 side of pan and entre on the other.
Heat on Medium-to-Medium High heat for 8-10 minutes. Remove from heat and transfer to a plate or bowl.

Product Specifications

Brand	Manufacturer	Product Category
Cafe Spice	Cafe Spice LLC	Asian Entrees

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
825120004031	71000585	12359	10825120004038		6/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.7lb	7.37lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13.8in	9.1in	9.1in	0.66ft3	12x10	255days	-2°F / -5°F

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Nutrition Analysis - By Measure

Calories	320	Total Fat	9g	Sodium	590mg
Protein	19	Trans Fats		Calcium	181mg
Total Carbohydrates•••	40g	Saturated Fat	2g	Iron	2mg
Sugars	3g	Added Sugars	0g	Potassium	361mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	50mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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