



Cafe Spice

# 12359 - Chicken Curry With Lemon Rice Glute

Chicken Curry with Lemon Rice is a delicious, healthy and comforting combination. This version comes with tender chicken thats cooked in made-from-scratch onion-tomato curry sauce. Its then seasoned with Cafe Spice's signature spices that ignite your senses.



## Nutrition Facts

Servings per Container 2  
Serving size 8oz(227g)

Amount per serving  
**Calories 320**

|                               | % Daily Value* |
|-------------------------------|----------------|
| <b>Total Fat</b> 9g           | <b>12%</b>     |
| Saturated Fat 2g              | 10%            |
| Trans Fat 0g                  |                |
| <b>Cholesterol</b> 50mg       | <b>17%</b>     |
| <b>Sodium</b> 590mg           | <b>26%</b>     |
| <b>Total Carbohydrate</b> 40g | <b>15%</b>     |
| Dietary Fiber 3g              | 11%            |
| Total Sugars 3g               |                |
| Includes 0g Added Sugar       | 0%             |
| <b>Protein</b> 19g            |                |
| Vitamin D 0mcg                | 0%             |
| Calcium 181mg                 | 15%            |
| Iron 2mg                      | 10%            |
| Potassium 361mg               | 8%             |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Our Chicken Curry is a delicious and comforting meal prepared with tender chicken cooked in our made-from-scratch, authentically spiced onion-tomato curry sauce. This entree is served with Basmati saffron rice, prepared with real saffron threads and cooked with whole cardamom pods and bay leaves. Certified Humanely Raised Antibiotic Free Chicken, Gluten Free

### Ingredients

Chicken Curry: Chicken (boneless), Onion, Tomatoes, Tomato Puree(tomatoes, citric acid), Garlic, Ginger, Expeller-Pressed Canola Oil, Cultured Dextrose, Salt, Spices, Turmeric, Paprika, Garam Masala (spice blend) Basmati Lemon Rice: Basmati Rice (water, basmati rice), Lemon Juice, Expeller Pressed Canola Oil, Chana Dal (Bengal gram lentils), Urad Dal (black gram), Cultured Dextrose, Salt, Mustard Seeds, Turmeric, Whole Red Chilis

### Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Keep frozen. Refrigerate after opening. UNIT UPC: 825120004031

### Serving Suggestions

1 serving

### Prep & Cooking Suggestions

Microwave: Remove sleeve. Peel back film 2 inches on entree. Heat on High 3-5 minutes or until fully heated through. Let stand for 1 minute. Carefully remove the film.

Stovetop: Empty contents into frying pan, keeping rice on 1 side of pan and entree on the other. Heat on Medium-to-Medium High heat for 8-10 minutes. Remove from heat and transfer to a plate or bowl.

### Product Specifications

| Brand      | Manufacturer   |
|------------|----------------|
| Cafe Spice | Cafe Spice LLC |

| UPC          | MFG #    | SPC # | GTIN           | Pack | Pack Desc. |
|--------------|----------|-------|----------------|------|------------|
| 825120004031 | 71000585 | 12359 | 10825120004038 |      | 6/16 OZ    |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 7.7lb        | 7.37lb     | United States     | No     |                 |

| Shipping Information |       |        |         |       |            |                      |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length               | Width | Height | Volume  | TlxHl | Shelf Life | Storage Temp From/To |
| 13.8in               | 9.1in | 9.1in  | 0.66ft3 | 12x10 | 255days    | -5°F / -2°F          |



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## Nutrition Analysis - By Measure

|                        |     |                     |      |               |       |
|------------------------|-----|---------------------|------|---------------|-------|
| Calories               | 320 | Total Fat           | 9g   | Sodium        | 590mg |
| Protein                | 19  | Trans Fats          | 0g   | Calcium       | 181mg |
| Total Carbohydrates... | 40g | Saturated Fat       | 2g   | Iron          | 2mg   |
| Sugars                 | 3g  | Added Sugars        | 0g   | Potassium     | 361mg |
| Dietary Fiber          | 3g  | Polyunsaturated Fat |      | Zinc          |       |
| Lactose                |     | Monounsaturated Fat |      | Phosphorus    |       |
| Sucrose                |     | Cholesterol         | 50mg |               |       |
| Vitamin A(U)           |     | Vitamin D           | 0mcg | Thiamin       |       |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin        |       |
| Vitamin C              |     | Folate              |      | Riboflavin    |       |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-1 2 |       |
| Monosodium             |     | Sulphites           |      | Nitrates      |       |

### Additional Images

