



Mariner

124326 - Thin Wheat Crackers Organic

Mariner Organic Thin Wheat crackers are bite size mild wheat cracker topped with Sea Salt. Certified Organic, Non-GMO Project Verified, Vegan Certified, and Kosher Approved. The perfect complement for cheeses, spreads, soups, or anytime snack.



Nutrition Facts

Servings per Container 0
Serving size 15crackers (30g)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.6mg	3%
Potassium 70mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Mariner Organic Thin Wheat Crackers are baked with the finest ingredients. Ever since our family started baking crackers in 1931, we've maintained our commitment to using the best ingredients available and baking everything in our small seaside New England town. Mariner Organic Thin Wheat have been third party certification for Organic, Non-GMO, Vegan, and Kosher.

Ingredients

Organic wheat flour, organic whole wheat flour, organic expeller pressed canola oil, organic sugar, organic wheat bran, sea salt, organic malt, sodium bicarbonate, monocalcium phosphate, enzymes.

Allergens

Contains:



Free From:



Handling Suggestions

Store in Dry Place

Serving Suggestions

Serve with your favorite cheese, dips, spreads, or anytime snack

Prep & Cooking Suggestions

No preparation required

Product Specifications

Brand	Manufacturer	Product Category
Mariner	Venus Wafers Inc.	Grocery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
705194124326	12432	124326	10705194124323		12/5.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.1lb	4.13lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.5in	10.25in	7.94in	0.82ft3	9x9	176days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	140	Total Fat	6g	Sodium	190mg
Protein	3	Trans Fats		Calcium	30mg
Total Carbohydrates...	20g	Saturated Fat	0g	Iron	0.6mg
Sugars	2g	Added Sugars	2g	Potassium	70mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

