



Sprouted Flour
12523 - Sprouted Quinoa
 See package for details



Nutrition Facts

Servings per Container	10
Serving size	44g
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 0.3g	2%
Trans Fat	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 27g	10%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugar	%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.98mg	10%
Potassium 0mg	0%

* Benefits

Organic Sprouted Quinoa

Ingredients

Organic Sprouted Quinoa

⚠ Allergens

Free From:



* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

📄 Product Specifications

Brand	Manufacturer
Sprouted Flour	Healthy Flour

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
811205021017	SQ01	12523			6/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.3lb	6lb	United States		

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.5in	8.5in	5in	0.41ft3	10x10	822days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	160	Total Fat	2.5g	Sodium	0mg
Protein	6	Trans Fats		Calcium	26mg
Total Carbohydrates...	27g	Saturated Fat	0.3g	Iron	1.98mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

