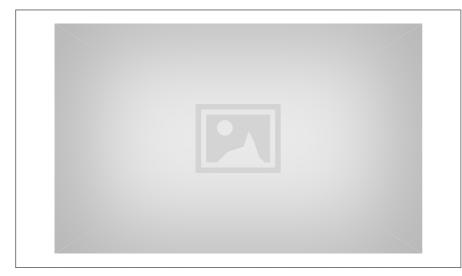
#### **Sprouted Flour** 12523 - Sprouted Quinoa

See package for details





#### \* Benefits

Organic Sprouted Quinoa

Ingredients	▲ Allergens
Organic Sprouted Quinoa	Free From:  Substituting crustaceans of eggs of fish of milk of milk of peanuts of soy of tree nuts of wheat

## **Nutrition Facts**

Servings per Container Serving size

10 44g

Amount per serving Calories	160
% Da	ily Value*
Total Fat 2.5g	3%
Saturated Fat 0.3g	2%
<i>Trans</i> Fat	
Cholesterol 0mg	0%
Sodium Omg	0%
Total Carbohydrate 27g	10%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugar	%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 26mg	2%
Iron 1.98mg	10%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

See label for suggestions

#### **Serving Suggestions**

See label for suggestions

#### Prep & Cooking Suggestions

See label for suggestions



#### Product Specifications

Brand	Manufacturer
Sprouted Flour	Healthy Flour

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
811205021017	SQ01	12523			6/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.3lb	6lb	United States		

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.5in	8.5in	5in	0.41ft3	10x10	822days	60°F / 77°F





# Sprouted Flour 12523 - **Sprouted Quinoa**

See package for details



### Nutrition Analysis - By Measure

Calories	160	Total Fat	2.5g	Sodium	0mg
Protein	6	Trans Fats		Calcium	26mg
Total Carbohydrates	27g	Saturated Fat	0.3g	Iron	1.98mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat	Zinc		
Lactose		Monounsaturated Fat	Phosphorus		
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate Riboflavin		Riboflavin	
Magnesium		Vitamin B-6 Vitamin I		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images	5		

