

Torino Rooster 12638 - Light Red Kidney Beans

Light Red Kidney Beans are large, kidney shaped beans with light red/pink glossy skin. They have a firm texture, and they hold up well in soups and other dishes.



		Nutrition Fa	cts	
	Servings per Container 541 Serving size 42.0g (42g)			
		Amount per serving Calories	140	
		% Daily Value*		
		Total Fat Og	0%	
		Saturated Fat 0g	0%	
		<i>Trans</i> Fat		
	Cholesterol 0mg	0%		
* Benefits		Sodium 5mg	0%	
Light Red Kidney Beans are large, kidney shaped beans with light red/pink glossy skin. They have a firm texture, and they hold up well in soups and other dishes that cook a long time. Their firm, creamy, white flesh and full-bodied flavor make these beans a popular choice for chili, soups, and salads. The Light Red Kidney Bean is a vibrant-colored member of the legume family, offering nutrient density, mild flavor and a creamy texture that performs well on its own or as a component among other ingredients.		Total Carbohydrate 26g	9%	
		Dietary Fiber 6g	21%	
		Total Sugars 1g		
		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 9g		
Kidney beans	Free From:	Vitamin D 0mcg	0%	
		Calcium 52mg	4%	
	() crustaceans () eggs () fish () milk	Iron 2.7mg	15%	
	🕥 peanuts 🛞 soy 💮 tree nuts 🌘 wheat	Potassium 752mg	15%	
		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a a day is used for general nutrition advice.		

Handling Suggestions **Product Specifications** Store in dry ambient conditions. Brand Manufacturer Torino Rooster Bakemark-Falcon Serving Suggestions UPC SPC # GTIN MFG # Pack Pack Desc. Cooking use 819800020152 12638 00819800020152 LRK50 1/50 LB Gross Weight Net Weight Country of Origin Kosher Child Nutrition 50.8lb 50lb United States Yes Prep & Cooking Suggestions **Shipping Information** Dry beans should be soaked and rinsed well before cooking. Width Height Volume TIxHI Shelf Life Storage Temp From/To Length 1.33ft3 5x10 5in 17in 27in 700days 60°F / 77°F



Torino Rooster 12638 - Light Red Kidney Beans



Light Red Kidney Beans are large, kidney shaped beans with light red/pink glossy skin. They have a firm texture, and they hold up well in soups and other dishes.

Nutrition Analysis - By Measure

Calories	140	Total Fat	Og	Sodium	5mg
Protein	9	Trans Fats		Calcium	52mg
Total Carbohydrates…	26g	Saturated Fat	Og	Iron	2.7mg
Sugars	1g	Added Sugars	Og	Potassium	752mg
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



