

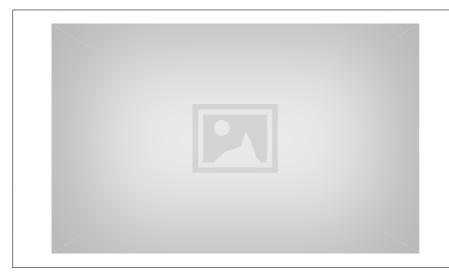
Modern Muffin

12647 - Blueberry Hemp Protein Muffin



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Modern Muffin Blueberry Hemp Protein Muffin is a high protein muffin with 10 grams of protein and 44 organic superfoods. It is individually wrapped for freshness. A great grab and go breakfast item or snack after physical exercise.



* Benefits

Modern Muffin Blueberry Hemp Protein Muffin contains 10 grams of protein per muffin as well as 44 organic superfoods. Made with a plant-based protein mix. They are made with all natural ingredients with no artificial ingredients or preservatives. There are less calories and less sugar than a common, store bought muffin. They are individually wrapped with an ambient shelf life of 7 days. They can remain frozen for a year.

Ingredients

Unbleached wheat flour, low fat milk, sugar, canola oil, eggs, blueberries, organic non-fat Greek yogurt, raw organic protein blend, raw organic fruit and vegetable blend, vegetable glycerin, organic hemp seed, baking powder, baking soda, salt, almond extract, distilled vinegar.

A Allergens

Contains:











Nutrition Facts

Servings per Container Serving size

Amount per cerving

Calories	300
	% Daily Value*
Total Fat 14g	22%
Saturated Fat 1.5g	8%
Trans Fat	
Cholesterol 40mg	13%
Sodium 390mg	16%
Total Carbohydrate 33g	11%
Dietary Fiber 2g	8%
Total Sugars 15g	
Includes Added Suga	r %
Protein 10g	
Vitamin D	%
Calcium	8%
Iron	8%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Manufacturer

Handling Suggestions

Consume after purchase or refrigerate for up to 1 week. Can be frozen for up to 1 year

Serving Suggestions

Breakfast, Snack

Prep & Cooking Suggestions

Defrost and ready to eat



Product Specifications

Brand

Mode	Modern Muffin			Muffin L	.LC
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.

UPC	MFG #	SPC #	GIIN	Раск	Pack Desc.
860585000471	01	12647	00860001162127		6/1 CT

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition	
1.25lb	1.19lb	United States	No		

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
14.5in	4.5in	4in	0.15ft3	21x6	365days	-2°F / -5°F





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Nutrition Analysis - By Measure

Calories	300	Total Fat	14g	Sodium	390mg
Protein	10	Trans Fats		Calcium	
Total Carbohydrates	33g	Saturated Fat	1.5g	Iron	
Sugars	15g	Added Sugars		Potassium	
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

