



# Queso Campesino

## 13716 - Cotija Cuts

Although similar to Cotija, Cotija Seco is a saltier aged cheese with the crumbly texture. It is used mainly for toppings for tacos, beans and enchiladas



# Nutrition Facts

12 Servings Per Container

Serving size **1.00Z (1oz)**

Amount per serving  
**Calories 110**

% Daily Value\*

<b>Total Fat</b> 9 g	<b>14%</b>
Saturated Fat 5 g	<b>25%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 30 mg	<b>10%</b>
<b>Sodium</b> 440 mg	<b>18%</b>
<b>Total Carbohydrate</b> 0 g	<b>0%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes 0 g Added Sugar	<b>0%</b>
<b>Protein</b> 7 g	
Vitamin D 0 mcg	<b>0%</b>
Calcium 200 mg	<b>20%</b>
Iron 0 mg	<b>0%</b>
Potassium 0 mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

This firm, salty and crumbly cheese, made from whole milk, is sometimes referred to as the Hispanic Parmesan and is used in very similar ways. It can be Sprinkled over soups, salads, tostadas, tacos or beans. Cotija will not melt and can be fried or grilled. It will enhance the flavor of casseroles and pasta. It will last you much longer than other cheeses, up to 90 days.

### Ingredients

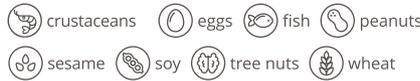
Pasteurized Whole Milk, Cheese Culture, Salt, Enzymes.

### Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Refrigerate ---  
UNIT UPC: 644404137162  
---

### Serving Suggestions

Serve as topping for tacos, beans and enchiladas

### Prep & Cooking Suggestions

Product is ready to eat no preparation needed.

### Product Specifications

Brand	Manufacturer
Queso Campesino	Colorado Ranchers Inc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
644404137162	13716	13716	10644404137169		12/12 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.65 lb	9 lb	United States of America	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17 in	11.6 in	3.2 in	0.37 ft3	10x20	152 days	35 °F / 37 °F



**Queso Campesino**  
**13716 - Cotija Cuts**

Although similar to Cotija, Cotija Seco is a saltier aged cheese with the crumbly texture. It is used mainly for toppings for tacos, beans and enchiladas



Nutrition Analysis - By Measure

Calories	110	Total Fat	9 g	Sodium	440 mg
Protein	7	Trans Fats	0 g	Calcium	200 mg
Total Carbohydrates...	0 g	Saturated Fat	5 g	Iron	0 mg
Sugars	0 g	Added Sugars	0 g	Potassium	0 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30 mg		
Vitamin A(U)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

