

### Wolferman's 138754 - Original Recipe English Muffin 1910

Wolfermans English Muffins flavor and quality in a familiar size, one that falls between our Super-Thick Signature English Muffins and our snack-sized Minis. Traditional English Muffins are roughly the same size as brands youd find in stores, but you wont find Wolfermans quality anywhere else.



		Servings per Container 6 Serving size 1.0PC (1H87)				
		Amount per serving Calories	130			
	Market and Andrew	% Daily Value*				
		Total Fat 0.5g	1%			
		Saturated Fat 0g	0%			
		<i>Trans</i> Fat				
		Cholesterol 0mg	0%			
<b>★</b> Benefits		Sodium 270mg	12%			
Wolferman's has maintained a tradition of fine baking since o	ur humble beginnings in a small Kansas City store in 1999	Total Carbohydrate 25g	9%			
With premium ingredients and a time-tested recipe, our Englis quality and exceptional taste make them a perfect addition to	Dietary Fiber 1g	4%				
ready to go. A favorite in hotels, bed-and-breakfasts, and resta versatile option for breakfast and brunch menus. Available in theres a muffin to please everyone. All Wolferman's English m	eight delicious flavors, with both sweet and savory options,	Total Sugars 1g				
aneres a manine to please everyone. An wonermans English m		Includes 1g Added Sugar	2%			
Ingredients	Allergens	Protein 4g				
		Vitamin D 0mcg	0%			
ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE,	Contains:	Calcium 100mg	8%			
THIAMINE MONOITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS	wheat	Iron 1.5mg	8%			
OF THE FOLLOWING: CORN MEAL, CORN FLOUR, SUGAR, WHEAT GLUTEN, LEAVENING	Free From:	Potassium 50mg	1%			
(SODIÚM BICARBONATE, SODUM ALUMINUM SULFATE, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE), SALT, PRESERVATIVES (CALCIUM PROPIONATE, POTÁSSIUM SORBATE), DISTILLED VINEGAR, LACTIC ACID, FUMARIC ACID, CORNSTARCH, SOYBEAN OIL, CITRIC ACID.	(Speanuts (Spearuts)) ree nuts	* The % Daily Value (DV) tells you how much a a serving of food contributes to a daily diet. 2,0 a day is used for general nutrition advice.				

#### Handling Suggestions

Best when enjoyed immediately. To preserve freshness, product may be frozen. Refrigerate after opening.

Serving Suggestions

1 Muffin

## Prep & Cooking Suggestions

Toast to desired crispness.

# Product Specifications

Brand			Manufacturer			Product Category					
Wolferman's		Dot Foods Frozen			English Muffins						
UP	C	MFG #		SPC	:#		GTIN			Pack	Pack Desc.
7809949	982956	RSD262	2392	1387	754	20780994982950			12/12 OZ		
Gross V	Veight	Net Weight		Country of Origin		Ko	Kosher Child Nutr		ld Nutrition		
11lb 9lb			United States				Yes				
Shipping Information											
Length	Width	Height	Volu	ume	TIxH	.	Shelf Life Sto		Storage Temp From/To		
15in	11.5in	7.31in	0.7	3ft3	10x8	3	180day	/s -2°F / -5°F		/ -5°F	





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Nutrition Analysis - By Measure

Calories	130	Total Fat	0.5g	Sodium	270mg
Protein	4	Trans Fats		Calcium	100mg
Total Carbohydrates…	25g	Saturated Fat	Og	Iron	1.5mg
Sugars	1g	Added Sugars	1g	Potassium	50mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

### Additional Images

