

#### **Dakota**

## 139044 - Ground Beef Grass Fed Organic 90%



Organic Grass Fed Lean Ground Beef Certified 90% work with farmers who are committed to working with cattle raised on green pastures with no added hormones, antibiotics or pesticides



#### \* Benefits

Dakota Grass Fed Organic 90% Ground Beef

Ingredients	▲ Allergens
beef	Free From:    Grustaceans   Gr

# **Nutrition Facts**

Servings per Container Serving size 4.00Z (4oz)

**Amount per serving** Calories

200

Calonies	200
% [	Daily Value*
Total Fat 11g	17%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 75mg	24%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 22g	_
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	15%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### **Handling Suggestions**

Refrigerate after opening UNIT UPC: 612669513908

#### Serving Suggestions

#### Prep & Cooking Suggestions

Cook Thoroughly



### Product Specifications

Brand	Manufacturer
Dakota	Meyer Natural Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
612669513908	19010	139044	10612669190106		8/16 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.7lb	8lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.5in	11.5in	3.5in	0.27ft3	10x10	18days	35°F / 37°F





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Nutrition Analysis - By Measure

Calories	200	Total Fat	11g	Sodium	75mg
Protein	22	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	0g	Saturated Fat	4.5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	75mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

0	Additional Images		

