



Antonina's Bakery

# 141210 - Blueberry Raspberry Muffins Gluten

Our gluten-free Blueberry Raspberry Muffins are made with a proprietary blend of gluten-free flours to create a moist muffin that is full of sweet and tangy berries. Its a delicious snack or breakfast treat that even those who can eat gluten will love and enjoy.



## Nutrition Facts

Servings per Container 4  
Serving size 99.0g (99g)

Amount per serving  
**Calories 390**

% Daily Value\*

Total Fat 22g 28%  
Saturated Fat 2.5g 13%  
Trans Fat

Cholesterol 60mg 20%

Sodium 390mg 17%

Total Carbohydrate 46g 17%

Dietary Fiber 1g 4%

Total Sugars 26g  
Includes 25g Added Sugar 50%

Protein 3g

Vitamin D 0mcg 0%

Calcium 80mg 6%

Iron 0.3mg 2%

Potassium 65mg 1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

The journey for Antoninas Gluten-Free Bakery began two decades ago with a simple goal to spread joy one gluten-free delight at a time. We believe everyone should have the opportunity to enjoy exceptional baked goods without compromise. Located in the beautiful Pacific Northwest, just a stones throw from Seattle with majestic views of Mt. Rainier, is our dedicated gluten-free, all-natural, non-GMO, peanut and tree nut-free bakery where products are produced under the watchful eyes of our SQF and BRC certified quality trained staff. Our treats offer a celebration of taste, texture, and inclusivity with every bite. Once you try one of our items, we are confident you will think, It is impossible this is gluten-free!

### Ingredients

INGREDIENTS: GLUTEN FREE FLOUR BLEND (WHITE RICE FLOUR, BROWN RICE FLOUR, CORN STARCH, TAPIOCA STARCH, POTATO STARCH), CANE SUGAR, NON-GMO CANOLA OIL, BLUEBERRIES, RASPBERRIES, EGGS, BUTTERMILK (CULTURED LOWFAT MILK, SALT), SOUR CREAM (CULTURED PASTEURIZED GRADE A MILK, CREAM, ENZYMES), BROWN CANE SUGAR, NATURAL BLUEBERRY FLAVOR, ENZYMES, BAKING POWDER (CORN STARCH, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), BAKING SODA, SALT, AND XANTHAN GUM.

### Allergens

#### Contains:

eggs milk

#### Free From:

crustaceans fish peanuts soy  
tree nuts wheat

### Handling Suggestions

Store at room temperature up to 7 days, refrigerated 14 days, or keep frozen

### Serving Suggestions

Serve room temperature or warm slightly in the microwave.

### Prep & Cooking Suggestions

Thaw if frozen, then serve

### Product Specifications

Brand	Manufacturer	Product Category
Antonina's Bakery	12five Capital FBO Pin Hsiao & Associates LLC	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
818703014121	14121	141210	10818703014128		12/14 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12lb	10.5lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
7.7in	23.3in	11.8in	1.23ft3	10x6	180days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	390	Total Fat	22g	Sodium	390mg
Protein	3	Trans Fats		Calcium	80mg
Total Carbohydrates...	46g	Saturated Fat	2.5g	Iron	0.3mg
Sugars	26g	Added Sugars	25g	Potassium	65mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	60mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

