



Antonina's Bakery

# 141900 - Double Chocolate Mint Muffins Glute

A moist sour cream and buttermilk muffin, made with our proprietary blend of gluten-free flours, filled with delicious chocolate chips and refreshing mint.



## Nutrition Facts

Servings per Container 4  
Serving size 1muffin (99g)

Amount per serving  
**Calories 410**

% Daily Value\*

<b>Total Fat</b> 23g	<b>29%</b>
Saturated Fat 4g	<b>20%</b>
Trans Fat	
<b>Cholesterol</b> 65mg	<b>22%</b>
<b>Sodium</b> 390mg	<b>17%</b>
<b>Total Carbohydrate</b> 47g	<b>17%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 28g	
Includes 26g Added Sugar	<b>52%</b>
<b>Protein</b> 4g	
Vitamin D 0.5mcg	<b>3%</b>
Calcium 90mg	<b>7%</b>
Iron 1.5mg	<b>8%</b>
Potassium 170mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

The journey for Antoninas Gluten-Free Bakery began two decades ago with a simple goal to spread joy one gluten-free delight at a time. We believe everyone should have the opportunity to enjoy exceptional baked goods without compromise. Located in the beautiful Pacific Northwest, just a stones throw from Seattle with majestic views of Mt. Rainier, is our dedicated gluten-free, all-natural, non-GMO, peanut and tree nut-free bakery where products are produced under the watchful eyes of our SQF and BRC certified quality trained staff. Our treats offer a celebration of taste, texture, and inclusivity with every bite. Once you try one of our items, we are confident you will think, it is impossible this is gluten-free! A moist sour cream and buttermilk muffin, made with our proprietary blend of gluten-free flours, filled with delicious chocolate chips and refreshing mint. Great for breakfast or an afternoon snack. Non-GMO, gluten-free, peanut-free, nut-free.

### Ingredients

GLUTEN FREE FLOUR BLEND (WHITE RICE FLOUR, BROWN RICE FLOUR, NON-GMO CORN STARCH, TAPIOCA STARCH, POTATO STARCH), NON-GMO BROWN SUGAR, NON-GMO CANOLA OIL, EGGS (WHOLE EGGS, CITRIC ACID (TO RETAIN COLOR)), BUTTERMILK (CULTURED LOWFAT MILK, SALT), SOUR CREAM (CULTURED PASTEURIZED GRADE A MILK, CREAM, ENZYMES), CHOCOLATE CHIPS (SUGAR, CACAO MASS, CACAO BUTTER, SUNFLOWER AND/OR SOY LECITHIN [EMULSIFIER], NATURAL VANILLA FLAVOR), COCOA POWDER, PEPPERMINT EXTRACT (ETHYL ALCOHOL, PEPPERMINT OIL, GLYCERIN), BAKING POWDER (CORN STARCH, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), VANILLA EXTRACT (WATER, ETHYL ALCOHOL, VANILLA BEAN EXTRACTIVES), ENZYMES, BAKING SODA, SALT, XANTHAN GUM, COFFEE, NATURAL FLAVORS.

### Allergens

#### Contains:

eggs milk soy

#### Free From:

crustaceans fish peanuts  
tree nuts wheat

### Handling Suggestions

Keep ambient or refrigerated

### Serving Suggestions

Great for breakfast or anytime snack

### Prep & Cooking Suggestions

thaw and serve

### Product Specifications

Brand	Manufacturer	Product Category
Antonina's Bakery	12five Capital FBO Pin Hsiao & Associates LLC	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
818703014190	14190	141900	10818703014197		12/14 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.8lb	10.5lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
7.7in	23.3in	11.8in	1.23ft3	10x6	176days	-2°F / -5°F



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## Nutrition Analysis - By Measure

Calories	410	Total Fat	23g	Sodium	390mg
Protein	4	Trans Fats		Calcium	90mg
Total Carbohydrates...	47g	Saturated Fat	4g	Iron	1.5mg
Sugars	28g	Added Sugars	26g	Potassium	170mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(U)		Vitamin D	0.5mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

