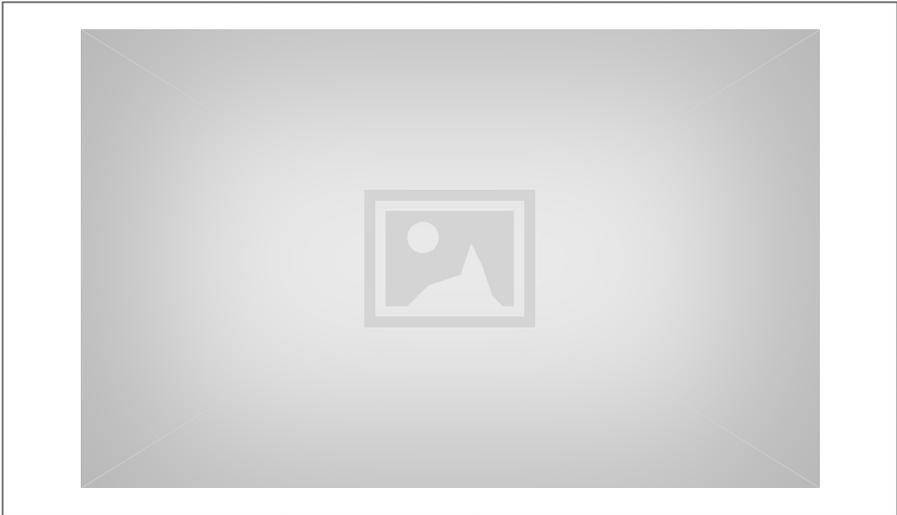




Antonina's Bakery

142760 - Blueberry Muffins Gluten Free

A moist sour cream and buttermilk muffin, made with our proprietary blend of gluten-free flours, filled with delicious plump blueberries. Great for breakfast or an afternoon snack.



* Benefits

The journey for Antoninas Gluten-Free Bakery began two decades ago with a simple goal to spread joy one gluten-free delight at a time. We believe everyone should have the opportunity to enjoy exceptional baked goods without compromise. Located in the beautiful Pacific Northwest, just a stones throw from Seattle with majestic views of Mt. Rainier, is our dedicated certified gluten-free, kosher, all-natural, non-GMO, peanut and tree nut-free bakery where products are produced under the watchful eyes of our SQF and BRC certified quality trained staff. A moist sour cream and buttermilk muffin, made with our proprietary blend of gluten-free flours, filled with delicious plump blueberries. Great for breakfast or an afternoon snack. Once you try one of our items, we are confident ..."You Won't Believe This Is Gluten-Free!"

Nutrition Facts

4 Servings Per Container

Serving size **1muffin (99g)**

Amount per serving
Calories 390

% Daily Value*

Total Fat 22 g **28%**

Saturated Fat 3 g **15%**

Trans Fat 0 g

Cholesterol 65 mg **22%**

Sodium 340 mg **15%**

Total Carbohydrate 44 g **16%**

Dietary Fiber 1 g **4%**

Total Sugars 23 g

Includes 21 g Added Sugar **42%**

Protein 3 g

Vitamin D 0 mcg **0%**

Calcium 60 mg **4%**

Iron 0.5 mg **2%**

Potassium 80 mg **2%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Gluten-free flour blend (white rice flour, brown rice flour, non-GMO corn starch, tapioca starch, potato starch, enzymes), non-GMO canola oil, cane sugar, eggs (whole eggs, citric acid [to retain color]), blueberries, buttermilk (cultured low-fat milk, salt, sodium citrate), sour cream (cultured pasteurized grade a milk, cream, enzymes), brown cane sugar, dry vinegar powder, vanilla extract (water, ethyl alcohol, vanilla bean extractives), salt, baking powder (corn starch, sodium bicarbonate, mono-calcium phosphate), baking soda, blueberry extract (blueberry, natural flavors), xanthan gum.

Allergens

Contains:

eggs milk

May Contain:

soy

Free From:

crustaceans fish peanuts sesame tree nuts wheat

Handling Suggestions

Keep ambient, refrigerated or frozen---
UNIT UPC: 818703014275

Serving Suggestions

Great for breakfast or an anytime snack

Prep & Cooking Suggestions

Thaw and serve

Product Specifications

Brand	Manufacturer
Antonina's Bakery	Pin Hsiao & Associates LLC

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
818703014275	14276	142760	30818703014276		8/14 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.6 lb	7 lb	United States of America	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
8 in	15.7 in	12.4 in	0.9 ft3	15x6	176 days	-5 °F / -2 °F



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Nutrition Analysis - By Measure

Calories	390	Total Fat	22 g	Sodium	340 mg
Protein	3	Trans Fats	0 g	Calcium	60 mg
Total Carbohydrates...	44 g	Saturated Fat	3 g	Iron	0.5 mg
Sugars	23 g	Added Sugars	21 g	Potassium	80 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65 mg		
Vitamin A(U)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

