



Fishwife Tinned Seafood Co

# 148132 - Albacore Tuna With Spanish Lemon

Albacore Tuna with Spanish Lemon, MSC-certified, Pole & line caught in the Bay of Biscay (Spain), 100% Spanish olive oil, 100% real lemon juice from Spain.



## Nutrition Facts

1 Servings Per Container

Serving size 1 Candrained (67g)

Amount per serving  
**Calories 190**

% Daily Value\*

<b>Total Fat</b> 13 g	<b>17%</b>
Saturated Fat 2 g	<b>9%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 20 mg	<b>7%</b>
<b>Sodium</b> 270 mg	<b>12%</b>
<b>Total Carbohydrate</b> 0 g	<b>0%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes 0 g Added Sugar	<b>0%</b>
<b>Protein</b> 17 g	
Vitamin D 2 mcg	<b>10%</b>
Calcium 0 mg	<b>0%</b>
Iron 0.36 mg	<b>2%</b>
Potassium 68 mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

- 100% real lemon juice from Spain
- Delicious and tender albacore tuna
- Pole & line caught in the Bay of Biscay (Spain)
- The Bay of Biscay is widely regarded as being the worlds best source of tuna for taste and quality.
- MSC-certified
- 100% Spanish olive oil

### Ingredients

Albacore Tuna (Fish), Olive Oil, Lemon, Salt.

### ⚠ Allergens

#### Contains:



#### Free From:



### Handling Suggestions

Store in a dry place---  
UNIT UPC: 850046148132  
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### Serving Suggestions

Ready to eat

### Prep & Cooking Suggestions

Ready to eat

### 📄 Product Specifications

Brand	Manufacturer
Fishwife Tinned Seafood Co	Shrimp Girls Inc.

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
850046148132	FMCTUN0004	148132	10850046148139		12/3.2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
3.62 lb	3.61 lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
8.1 in	6.4 in	3.1 in	0.09 ft3	34x17	1424 days	60 °F / 77 °F



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## Nutrition Analysis - By Measure

Calories	190	Total Fat	13 g	Sodium	270 mg
Protein	17	Trans Fats	0 g	Calcium	0 mg
Total Carbohydrates...	0 g	Saturated Fat	2 g	Iron	0.36 mg
Sugars	0 g	Added Sugars	0 g	Potassium	68 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20 mg		
Vitamin A(U)		Vitamin D	2 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

## Additional Images

