

See package for details





#### \* Benefits

Considered the first Greek whey cheese, Myzithra has been produced in Greece for thousands of years. Once aged, it becomes hard and dry and, hence, the perfect cheese for grating. Krinos Grated Myzithra has a tangy and salty taste reminiscent of aged Ricotta.

Ingredients	▲ Allergens
Pasteurized sheeps milk and cream, whey, salt.	Contains:
	Free From:  Solution crustaceans eggs fish peanuts solution soy fish tree nuts wheat

# **Nutrition Facts**

Servings per Container 36 Serving size 1InchCube (25g)

# **Amount per serving Calories**

**50** 

Jaiorios	50
% D	aily Value*
Total Fat 1.5g	2%
Saturated Fat 1.1g	6%
Trans Fat	
Cholesterol 10mg	3%
Sodium 410mg	18%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 89.2mg	7%
Iron 0.08mg	0%
Potassium 27.88mg	1%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

## **Handling Suggestions**

See label for suggestions

### Serving Suggestions

See label for suggestions

# Prep & Cooking Suggestions

See label for suggestions

### Product Specifications

Bra	and	Manufacturer			Product	Category
Kri	Krinos		Krinos Foods LLC		Gro	cery
LIDC	MEC #	CDC #	CTINI		Dack	Dack Docc

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	23001	14825	00075013230010		8/2 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.47lb	16lb		No	

Shipping Information							
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
	16.8in	10.7in	11.2in	1.17ft3	5x8	120days	35°F / 37°F







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# Nutrition Analysis - By Measure

Calories	50	Total Fat	1.5g	Sodium	410mg
Protein	9	Trans Fats		Calcium	89.2mg
Total Carbohydrates	1g	Saturated Fat	1.1g	Iron	0.08mg
Sugars	0g	Added Sugars	0g	Potassium	27.88mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images					