



Farmer John

15076 - Blueberries Cultivated

Frzn Cult Blueberries grown and processed in the United States are low in calories and high in nutrients and are cleaned and stemmed and maintained at temps of 0 degrees F or below



Nutrition Facts

Servings per Container 3.65
Serving size 1cup (155g)

Amount per serving
Calories 79

	% Daily Value*
Total Fat 0.99g	0%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 18.86g	7%
Dietary Fiber 4.2g	15%
Total Sugars 13.1g	
Includes 0g Added Sugar	0%
Protein	
Vitamin D 0mcg	0%
Calcium 12mg	1%
Iron 0.28mg	2%
Potassium 84mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Frozen Cultivated Blueberries grown and processed in the United States in the State of Georgia. Cultivated Blueberries are low in calories and high in nutrients. The product is prepared from sound, ripe, fresh fruit of the blueberry bush that are cleaned and stemmed and are properly packed, frozen and maintained at temperatures of 0 degrees F or below.

Ingredients

Blueberries, Frozen, Unsweetened, No Sugar Added

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

Handling Suggestions

Keep frozen at 0 degrees or less

Serving Suggestions

Used for manufacturing. It is up to the end user to supply that information.

Prep & Cooking Suggestions

Not Applicable

📄 Product Specifications

Brand	Manufacturer	Product Category
Farmer John	JSO Associates Inc	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	New Vendor	15076	00851506004180		1/30 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
32lb	30lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.5in	9.5in	8.88in	0.9ft3	10x6	500days	-2°F / -5°F



Farmer John

15076 - Blueberries Cultivated

Frzn Cult Blueberries grown and processed in the United States are low in calories and high in nutrients and are cleaned and stemmed and maintained at temps of 0 degrees F or below



Nutrition Analysis - By Measure

Calories	79	Total Fat	0.99g	Sodium	0mg
Protein		Trans Fats		Calcium	12mg
Total Carbohydrates...	18.86g	Saturated Fat	0g	Iron	0.28mg
Sugars	13.1g	Added Sugars	0g	Potassium	84mg
Dietary Fiber	4.2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

