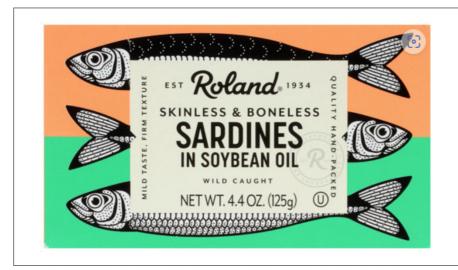


Roland

152502 - Sardines Boneless Skinless In Soybe



Sardines are small, oily fish with a savory flavor and firm texture. Plump and flavorful, Roland Skinless & Boneless Sardines in Soybean Oil are delicious served cold as a topping for salads and crackers. They can also be added to cooked seafood dishes.



* Benefits

Sardines are small, oily fish with a savory flavor and firm texture. Plump and flavorful, Roland Skinless & Boneless Sardines in Soybean Oil are delicious served cold as a topping for salads and crackers. They can also be added to cooked seafood dishes.

Pasta: sardines add a delicious, pungent taste to any pasta. Try them in the Sicilian classic, Pasta con le

sarde. Can be served right from the tin or used as an ingredient in hot dishes.

Ingredients A Allergens **Contains: SKINLESS & BONELESS** SARDINES, SOYBEAN OIL, SALT. (SO) fish **CONTAINS: SARDINE** Free From: crustaceans ogen milk opeanuts soy (tree nuts (wheat

Nutrition Facts

Servings per Container Serving size 88gramsdrained (1CN)

Amount per serving **Calories**

200

| aily Value* |
|-------------|
| 16% |
| 15% |
| |
| 20% |
| 12% |
| 0% |
| 0% |
| |
| 0% |
| |
| 4.60/ |
| 16% |
| 7% |
| 7% |
| 5% |
| |

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions

Serving Suggestions

Sardines can be eaten out of the can, or used in salads and pasta. Sardines add a delicious, pungent taste to any pasta. Try them in the Sicilian classic, Pasta con

Prep & Cooking Suggestions

Can be served right from the tin or used as an ingredient in hot dishes.

Product Specifications

| Brand | Manufacturer | Product Category |
|--------|---------------------------|---------------------|
| Roland | American Roland Food Corp | Bakery Mixes, Other |

| UPC | MFG # | SPC # | GTIN | Pack | Pack Desc. |
|--------------|-------|--------|----------------|------|------------|
| 041224152502 | 15250 | 152502 | 10041224152509 | | 100/4.4 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 36lb | 27.55lb | Morocco | Yes | |

| Shipping Information | | | | | | |
|----------------------|---------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To |
| 23.25in | 12.75in | 5.75in | 0.99ft3 | 6x9 | 949days | 60°F / 77°F |





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Nutrition Analysis - By Measure

| Calories | 200 | Total Fat | 12g | Sodium | 270mg |
|------------------------|-----|---------------------|--------|----------------|-------|
| Protein | 23 | Trans Fats | | Calcium | 90mg |
| Total Carbohydrates··· | 0g | Saturated Fat | 3g | Iron | 1.3mg |
| Sugars | 0g | Added Sugars | 0g | Potassium | 250mg |
| Dietary Fiber | 0g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 60mg | | |
| Vitamin A(IU)• | | Vitamin D | 3.1mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images



