



Mitica

# 15644 - Wild Lavender Honey

Wild Lavender Honey is a 100 percent raw honey that is made from wild lavender and harvested in the Murcia region of Spain. Wild Lavender honey is light and floral and sweet and is a wonderful combination with desserts, cheese, or add to your tea.



## Nutrition Facts

Servings per Container 10  
Serving size 1.0TB (1G24)

Amount per serving  
**Calories 60**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 17g	
Includes 17g Added Sugar	<b>34%</b>
<b>Protein</b> 0g	
Vitamin D 0mcg	<b>0%</b>
Calcium 0mg	<b>0%</b>
Iron 0mg	<b>0%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

This raw single varietal honey comes from Murcia in southeastern Spain. Our producers coop members collect honey from bees that feed in fields of wild lavender. The resulting honey has delicate hints of the flowers aroma and a delicate flavor, making it versatile for many pairings.

### Ingredients

Raw Wild Lavender Honey

### ⚠ Allergens

#### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

### Handling Suggestions

Store in a cool, dry place away from direct sunlight. Honey may crystallize naturally. If it hardens, heat at moderate temperature.

### Serving Suggestions

Excellent with aged goat's milk cheeses like Garrotxa or blue cheeses like Valdeon or Cabrales.

### Prep & Cooking Suggestions

Ready to eat.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Mitica	Forever Cheese	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
825325156443	ES232	15644	00825325156443		10/7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13lb	4.38lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12in	5.5in	5in	0.19ft3	10x7	180days	60°F / 77°F



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### Nutrition Analysis - By Measure

Calories	60	Total Fat	0g	Sodium	0mg
Protein	0	Trans Fats		Calcium	0mg
Total Carbohydrates...	17g	Saturated Fat	0g	Iron	0mg
Sugars	17g	Added Sugars	17g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

