



El Greco

156957 - Manchego Curado

SEMIHARD FULL FAT RIPENED MANCHEGO PDO SHEEP MILK CHEESE



Nutrition Facts

Servings per Container 106
Serving size 1.00Z (1oz)

Amount per serving
Calories 130

	% Daily Value*
Total Fat 11g	17%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 195mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 7g	
Vitamin D 0.18mcg	2%
Calcium 261mg	26%
Iron 0mg	0%
Potassium 24mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

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Ingredients

Pasteurized manchega sheeps milk, salt, stabilizer (calcium chloride), rennet and cheese cultures. Do not eat the rind.

Allergens

Contains:



Free From:



Handling Suggestions

See label for suggestions

Serving Suggestions

Tapas

Prep & Cooking Suggestions

See label for suggestions

Product Specifications

Brand	Manufacturer
El Greco	Lactalis Export Americas

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	156957	156957	98410285999268		2/6.6 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
14.02lb	13.32lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.32in	9.06in	4.72in	0.43ft3	7x12	150days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	11g	Sodium	195mg
Protein	7	Trans Fats	0g	Calcium	261mg
Total Carbohydrates...	0g	Saturated Fat	8g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	24mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(U)		Vitamin D	0.18mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

