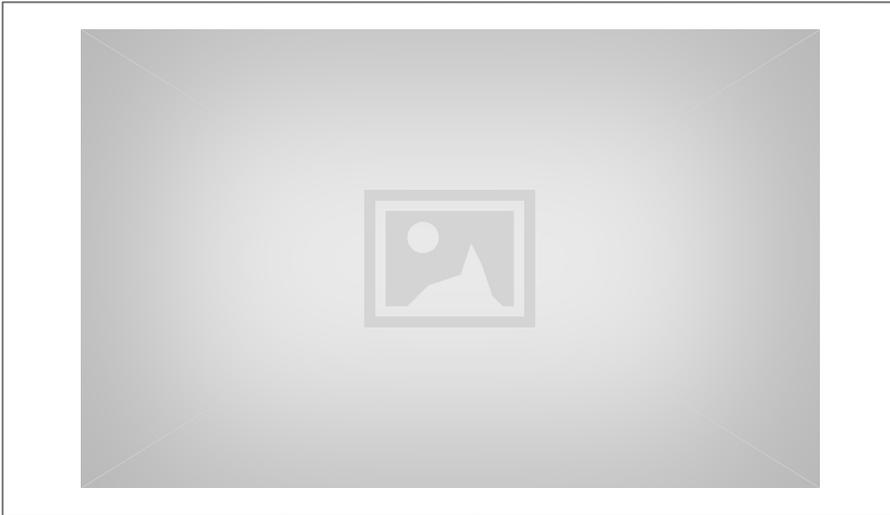




Culinary Masters

162038 - Yellow Corn Polenta Coarse Vegan

See package for details



Nutrition Facts

0 Servings Per Container

Serving size **30.0g (30g)**

Amount per serving
Calories 100

% Daily Value*

Total Fat 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 0 mg **0%**

Total Carbohydrate 23 g **8%**

Dietary Fiber 1 g **4%**

Total Sugars 0 g

Includes 0 g Added Sugar **0%**

Protein 3 g

Vitamin D 0 mcg **0%**

Calcium 0 mg **0%**

Iron 0.5 mg **2%**

Potassium 60 mg **2%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

International Foodsource
YELLOW CORN POLENTA. INGREDIENTS: COARSE GRIND YELLOW CORN. POLENTA CAN BE USED AS A BASE FOR SOUPS, SAUCES, AND STEWS. IT IS ALSO GREAT WITH SOME STEAMED VEGETABLES AS A BASE. POLENTA CAN ALSO BE USED TO REPLACE LASAGNA NOODLES IN LASAGNA. THE TEXTURE AND COLOR IS TYPICAL OF YELLOW POLENTA. THE FLAVOR IS TYPICAL OF YELLOW POLENTA.

Ingredients

Coarse grind yellow corn

⚠ Allergens

May Contain:

eggs milk peanuts soy

tree nuts wheat

Free From:

crustaceans fish sesame

Handling Suggestions

COOL, DRY PLACE---
UNIT UPC: 688032100037

Serving Suggestions

1/4 CUP. ADD IT TO DIFFERENT RECIPES TO REPLACE PASTA.

Prep & Cooking Suggestions

UNPACK AND USE IN RECIPES

📄 Product Specifications

| Brand | Manufacturer |
|------------------|------------------|
| Culinary Masters | Culinary Masters |

| UPC | MFG # | SPC # | GTIN | Pack | Pack Desc. |
|--------------|-------|--------|----------------|------|------------|
| 688032100037 | 91487 | 162038 | 01068803210003 | | 1/10 LB |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|--------------------------|--------|-----------------|
| 10.65 lb | 10 lb | United States of America | No | |

| Shipping Information | | | | | | |
|----------------------|---------|--------|----------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 12.5 in | 10.3 in | 5.5 in | 0.41 ft3 | 21x10 | 467 days | 60 °F / 77 °F |



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Nutrition Analysis - By Measure

| | | | | | |
|------------------------|------|---------------------|-------|---------------|--------|
| Calories | 100 | Total Fat | 0 g | Sodium | 0 mg |
| Protein | 3 | Trans Fats | 0 g | Calcium | 0 mg |
| Total Carbohydrates... | 23 g | Saturated Fat | 0 g | Iron | 0.5 mg |
| Sugars | 0 g | Added Sugars | 0 g | Potassium | 60 mg |
| Dietary Fiber | 1 g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0 mg | | |
| Vitamin A(U) | | Vitamin D | 0 mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-1 2 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

