

# **Culinary Master**

## 163958 - Green Cardamom Whole

Cardamom Green Whole/Pod has a fresh, floral, and lemon-like flavor. It has a wide culinary use, from sweets to meats, and even beverages.



		<b>Nutrition Fa</b> Servings per Container Serving size	cts
	Cardanom Green Whole/Pod	Amount per serving Calories	
	Guatemala	% Da	aily Value*
		Total Fat	%
	The second se	Saturated Fat	%
		Trans Fat	
		Cholesterol	%
<b>★</b> Benefits		Sodium	%
		Total Carbohydrate	%
cardamom seeds hold the flavor, once the	spice in Indian and Scandinavian cooking. While pod is opened, that flavor begins to dissipate. A	Dietary Fiber	%
unique flavor for thousands of years. our	, green cardamom has been prized for its bright, flavorful Cardamon Green Whole/Pod can steal the	Total Sugars	
show in savory as well as dessert dishes a	nd elevate your beverages.	Includes Added Sugar	%
Ingredients	Allergens	Protein	
		Vitamin D	%
Cardamom	Free From:		<u> </u>
	( crustaceans ( ) eggs ( fish ( ) milk	Iron	<u> </u>
	Soy 🛞 peanuts () soy () tree nuts () wheat	Potassium	%
		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.	

## Product Specifications

Handling Suggestions	Product Specifications								
See label for suggestions	Brand		Manufacturer			Product Category			
	Culinary Master		Culinary Master		ster	Spices			
Serving Suggestions	UI	РС	MFG #	SPC #	ŧ	GTIN		Pack	Pack Desc.
See label for suggestions	688032	021271	163958	16395	8 010	68803202	2127		1/14 OZ
	Gross V	Veight	Net Wei	ght Cou	untry of	Origin	Kosh	er Ch	ild Nutrition
Prep & Cooking Suggestions	1.1	lb	0.88lb		Inited St	tates	No		
See label for suggestions				Shippi	ng Infor	mation			
	Length	Width	Height	Volume	TIxHI	Shelf Lif	e St	orage Te	emp From/To
	3.6in	2.7in	8.2in	0.05ft3	12x5	280day	s	60°F	- / 77°F





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Nutrition Analysis - By Measure

Calories	Total Fat	Sodium
Protein	Trans Fats	Calcium
Total Carbohydrates…	Saturated Fat	Iron
Sugars	Added Sugars	Potassium
Dietary Fiber	Polyunsaturated Fat	Zinc
Lactose	Monounsaturated Fat	Phosphorus
Sucrose	Cholesterol	
Vitamin A(IU)•	Vitamin D	Thiamin
Vitamin A(RE)	Vitamin E	Niacin
Vitamin C	Folate	Riboflavin
Magnesium	Vitamin B-6	Vitamin B-1 2•
Monosodium	Sulphites	Nitrates

#### Additional Images



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