

### **Culinary Master**

## 163999 - Imported Fancy Cumin Fine Ground



Cumin is often described as boasting a robust flavor profile that is warm and earthy with a spicy bittersweet aroma and light citrus overtones. Cumin is commonly compared to caraway seeds as a slightly spicier, and bitter alternative.



#### \* Benefits

Ground cumin is made by grinding dry-roasted cumin seeds. It can be added at any time to a recipe as its flavor doesn't need heat or time to be released, as is the case with the seeds. Cumin is often described as boasting a robust flavor profile that is warm and earthy with a spicy bittersweet aroma and light citrus overtones. Cumin is commonly compared to caraway seeds as a slightly spicier, and bitter alternative.

| Ingredients                     | Allergens |
|---------------------------------|-----------|
| Ground Cumin Seed<br>100% Cumin |           |

# **Nutrition Facts**

Servings per Container 100.0g (100g) Serving size

**Amount per serving Calories** 

375

|                               | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 22g                 | %              |
| Saturated Fat 2g              | 10%            |
| Trans Fat                     |                |
| Cholesterol                   | %              |
| Sodium 168mg                  | 7%             |
| <b>Total Carbohydrate</b> 44g | 16%            |
| Dietary Fiber 11g             | 39%            |
| Total Sugars 2g               |                |
| Includes Added Sugar          | · %            |
| Protein 18g                   |                |
|                               |                |
| Vitamin D                     | <u>%</u>       |
| Calcium 931mg                 | 72%            |
| Iron 66mg                     | 367%           |
| Potassium 1788mg              | 38%            |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# Handling Suggestions

Between (65-75) F with (60% - 65%) Humidity Vitamin C 8 mg DO NOT STORE NEAR ODOR PRODUCING SUBSTANCES

## Serving Suggestions

See label for suggestions

## Prep & Cooking Suggestions

See label for suggestions



### Product Specifications

| Brand           | Manufacturer    | Product Category                      |
|-----------------|-----------------|---------------------------------------|
| Culinary Master | Culinary Master | Fruits & Vegetables, Frozen or Canned |

| UPC          | MFG #  | SPC #  | GTIN           | Pack | Pack Desc. |
|--------------|--------|--------|----------------|------|------------|
| 688032021677 | 163999 | 163999 | 01068803202167 |      | 1/5 LB     |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 5.25lb       | 5lb        | India             | No     |                 |

| Shipping Information |       |        |         |       |            |                      |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length               | Width | Height | Volume  | TIxHI | Shelf Life | Storage Temp From/To |
| 7.5in                | 5.1in | 11in   | 0.24ft3 | 12x5  | 730days    | 60°F / 77°F          |





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Nutrition Analysis - By Measure

| Calories               | 375 | Total Fat           | 22g | Sodium         | 168mg  |
|------------------------|-----|---------------------|-----|----------------|--------|
| Protein                | 18  | Trans Fats          |     | Calcium        | 931mg  |
| Total Carbohydrates••• | 44g | Saturated Fat       | 2g  | Iron           | 66mg   |
| Sugars                 | 2g  | Added Sugars        |     | Potassium      | 1788mg |
| Dietary Fiber          | 11g | Polyunsaturated Fat |     | Zinc           |        |
| Lactose                |     | Monounsaturated Fat |     | Phosphorus     |        |
| Sucrose                |     | Cholesterol         |     |                |        |
| Vitamin A(IU)•         |     | Vitamin D           |     | Thiamin        |        |
| Vitamin A(RE)          |     | Vitamin E           |     | Niacin         |        |
| Vitamin C              |     | Folate              |     | Riboflavin     |        |
| Magnesium              |     | Vitamin B-6         |     | Vitamin B-1 2• |        |
| Monosodium             |     | Sulphites           |     | Nitrates       |        |

| 0 | Additional Images |  |  |  |  |  |
|---|-------------------|--|--|--|--|--|
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