



### Culinary Master

## 163999 - Imported Fancy Cumin Fine Ground

Cumin is often described as boasting a robust flavor profile that is warm and earthy with a spicy bittersweet aroma and light citrus overtones. Cumin is commonly compared to caraway seeds as a slightly spicier, and bitter alternative.



# Nutrition Facts

Servings per Container  
Serving size **100.0g (100g)**

Amount per serving  
**Calories 375**

% Daily Value\*

<b>Total Fat</b> 22g	<b>%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat	
<b>Cholesterol</b>	<b>%</b>
<b>Sodium</b> 168mg	<b>7%</b>
<b>Total Carbohydrate</b> 44g	<b>16%</b>
Dietary Fiber 11g	<b>39%</b>
Total Sugars 2g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 18g	
Vitamin D	<b>%</b>
Calcium 931mg	<b>72%</b>
Iron 66mg	<b>367%</b>
Potassium 1788mg	<b>38%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Ground cumin is made by grinding dry-roasted cumin seeds. It can be added at any time to a recipe as its flavor doesn't need heat or time to be released, as is the case with the seeds. Cumin is often described as boasting a robust flavor profile that is warm and earthy with a spicy bittersweet aroma and light citrus overtones. Cumin is commonly compared to caraway seeds as a slightly spicier, and bitter alternative.

### Ingredients

Ground Cumin Seed  
100% Cumin

### ⚠ Allergens

### Handling Suggestions

Between (65-75) F with (60% - 65%) Humidity  
Vitamin C 8 mg  
DO NOT STORE NEAR ODOR PRODUCING SUBSTANCES

### Serving Suggestions

See label for suggestions

### Prep & Cooking Suggestions

See label for suggestions

### 📄 Product Specifications

Brand	Manufacturer	Product Category
Culinary Master	Culinary Master	Fruits & Vegetables, Frozen or Canned

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
688032021677	163999	163999	01068803202167		1/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.25lb	5lb	India	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
7.5in	5.1in	11in	0.24ft3	12x5	730days	60°F / 77°F



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### Nutrition Analysis - By Measure

Calories	375	Total Fat	22g	Sodium	168mg
Protein	18	Trans Fats		Calcium	931mg
Total Carbohydrates...	44g	Saturated Fat	2g	Iron	66mg
Sugars	2g	Added Sugars		Potassium	1788mg
Dietary Fiber	11g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

