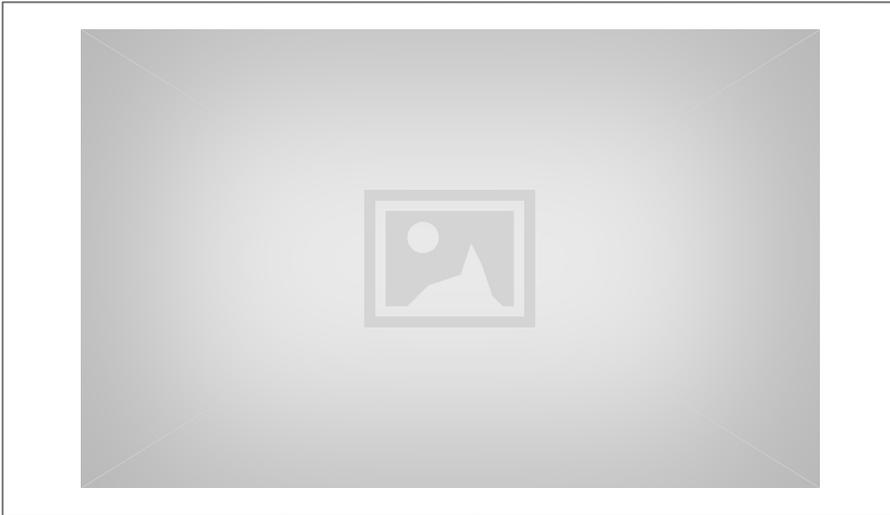




Culinary Masters

164064 - Extra Fancy Oregano Whole Leaf

100% Oregano, dried and ready to use. Culinary Masters Oregano is Kosher and GMO Free with a two year shelf life. Made from premium oregano and imported from Turkey, this herb is perfect for bulk restaurant needs.



Nutrition Facts

1.13 Servings Per Container

Serving size 100g

Amount per serving
Calories 265

% Daily Value*

Total Fat 4 g 5%

Saturated Fat 2 g 10%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 25 mg 1%

Total Carbohydrate 69 g 25%

Dietary Fiber 43 g 154%

Total Sugars 4 g

Includes 0 g Added Sugar 0%

Protein 9 g

Vitamin D 0 mcg 0%

Calcium 1597 mg 120%

Iron 37 mg 210%

Potassium 1260 mg 25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Oregano originated in Greece. Oregano is an aromatic herb, belonging to the mint family and is considered a staple herb in many cuisines around the world. It has a strong flavor and brings warmth to dishes, along with a hint of subtle sweetness. It can be found fresh, dried or as an oil, and all are said to have significant health benefits. Oregano is a signature flavor of many Italian, Mexican and Spanish dishes. Oregano is closely related to marjoram; in fact oregano is wild marjoram. It is stronger in flavor than marjoram and has different uses in the kitchen. When cooking with oregano you should regard it as an entirely separate herb and use it in a completely different way.

Ingredients

100% Oregano

Allergens

Handling Suggestions

Store in a cool dry place away from odor producing substances.---
UNIT UPC: 688032022315

Serving Suggestions

Use wherever oregano is needed.

Prep & Cooking Suggestions

Remove seal and use desired amount.

Product Specifications

Brand	Manufacturer
Culinary Masters	Culinary Masters

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
688032022315	164064	164064	10688032022312		1/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
0.4 lb	0.25 lb	Turkey	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
3.6 in	2.7 in	8.2 in	0.05 ft3	12x5	650 days	60 °F / 77 °F



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Nutrition Analysis - By Measure

Calories	265	Total Fat	4 g	Sodium	25 mg
Protein	9	Trans Fats	0 g	Calcium	1597 mg
Total Carbohydrates...	69 g	Saturated Fat	2 g	Iron	37 mg
Sugars	4 g	Added Sugars	0 g	Potassium	1260 mg
Dietary Fiber	43 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(U)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

