



Farmer Direct Foods

180010 - Stone Ground Heirloom Wheat Flour

Our heirloom wheat flour is made with Turkey Red wheat, a heritage grain that predates modern breeding. Turkey Red arrived in the US in the early 1870's.



Nutrition Facts

Servings per Container 700
Serving size 0.25CP (0.25GS21)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 22g	8%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.1mg	6%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Our heirloom wheat flour is made with Turkey Red wheat, a heritage grain that predates modern breeding. Turkey Red arrived in the US in the early 1870's, brought to Kansas by Mennonite immigrants from Russia. This flour is 100% genuine stone-ground and has a finer texture than traditional whole wheat.

Ingredients

100% Whole Turkey Red Wheat Flour

Allergens

Contains:

wheat

Free From:

crustaceans eggs fish milk
 peanuts soy tree nuts

Handling Suggestions

Dry

Serving Suggestions

Baking

Prep & Cooking Suggestions

Use according to recipe/ application purpose. Do not consume raw.

Product Specifications

Brand	Manufacturer	Product Category
Farmer Direct Foods	Farmer Direct Foods	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
853518001089	853518001089	180010	00853518001089		1/50 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
50.5lb	50lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17in	5in	25in	1.23ft3	5x10	237days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	100	Total Fat	1g	Sodium	0mg
Protein	4	Trans Fats		Calcium	0mg
Total Carbohydrates...	22g	Saturated Fat	0g	Iron	1.1mg
Sugars	0g	Added Sugars	0g	Potassium	110mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

