



Farmer Direct Foods

180049 - **Prairie Select Enriched All Purpose**

Our enriched all-purpose flour is made exclusively from hard red winter wheat with no additives. This flour provides superior flavor to your baked goods.



**Nutrition Facts**

Servings per Container **700**  
Serving size **0.25CP (0.25GS21)**

Amount per serving  
**Calories 110**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 24g	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 1g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 4g	
Vitamin D 0mcg	<b>0%</b>
Calcium 6mg	<b>0%</b>
Iron 1mg	<b>6%</b>
Potassium 43mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* **Benefits**

Our enriched all-purpose flour is made with hard red winter wheat. This flour provides superior flavor.

**Ingredients**

Hard Red Winter Wheat, Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid

**Allergens**

**Contains:**

wheat

**Free From:**

crustaceans eggs fish milk  
 peanuts sesame soy tree nuts

**Handling Suggestions**

Dry UNIT UPC: 853518001249

**Serving Suggestions**

Baking, Sauces, Thickener, Coating, etc.

**Prep & Cooking Suggestions**

Use according to recipe/ application purpose. Do not consume raw.

**Product Specifications**

Brand	Manufacturer
Farmer Direct Foods	Farmer Direct Foods

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
853518001249	853518001249	180049	00853518001249		1/50 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
50.5lb	50lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17in	5in	25in	1.23ft3	5x10	356days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	110	Total Fat	0g	Sodium	0mg
Protein	4	Trans Fats	0g	Calcium	6mg
Total Carbohydrates...	24g	Saturated Fat	0g	Iron	1mg
Sugars	1g	Added Sugars	0g	Potassium	43mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

