



Lijjat
181450 - Papadam
See package for details



Nutrition Facts

Servings per Container	
Serving size	100.0g (100g)
Amount per serving	
Calories	326
% Daily Value*	
Total Fat	0.66g 1%
Saturated Fat	0.5g 2%
Trans Fat	0g
Cholesterol	0mg 0%
Sodium	1390mg 58%
Total Carbohydrate	59.02g 19%
Dietary Fiber	1.22g 5%
Total Sugars	0g
Includes	0g Added Sugar 0%
Protein	20.94g
Vitamin D	0mcg 0%
Calcium	0mg 0%
Iron	4.6mg 25%
Potassium	0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

⚠ Allergens

Handling Suggestions

See label for suggestions

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

📄 Product Specifications

Brand			Manufacturer			
Lijjat			Purchase Order Of Miami Inc			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
	411958	181450	08901441010912		80/7 OZ	
Gross Weight		Net Weight	Country of Origin	Kosher	Child Nutrition	
36lb		35lb	India			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.5in	15.5in	6.5in	0.9ft3	8x7	180days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	326	Total Fat	0.66g	Sodium	1390mg
Protein	20.94	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	59.02g	Saturated Fat	0.5g	Iron	4.6mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	1.22g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

