

## Tidewater Grain Co 182008 - Carolina Gold Brown Rice

Carolina Gold Brown Rice by Tidewater Grain Co. Hailing from the coast of North Carolina where rice has been grown since 1685. Whole grain, nutty flavor, but not so strong your kids wont eat it!



		<b>Nutrition Facts</b>		
	Servings per Container 120 Serving size 0.25CP (0.25GS21)			
CA	ROLINA GOLD ROUN RICE ISIN	Amount per serving Calories	100	
	% Daily Value*			
		Total Fat Og	0%	
		Saturated Fat 0g	0%	
		Trans Fat		
		Cholesterol 0mg	0%	
* Benefits Tidewater Grain Co is a family owned, operated farm specializing in difficult to grow Heirloom grains. Tidewater Grain is completely vertically integrated, controlling seed production, planting, harvesting, milling, packaging and distribution. Choosing to always do whats best has proven to create superior taste and quality that chefs will welcome in their kitchens. Carolina Gold Rice dates back to 1685 when it was first brought to the colonies, the first time rice was in the Americas. As the only heirloom rice in the Americas still today, the flavor profile is nutty and rich and superior to the hybrid varieties frequently used in kitchens. More flavor equals more diversity, which chefs will love. Our Brown rice is milled only enough to remove the rice husk, preserving the whole-grain flavor of the Carolina Gold Rice.		Sodium Omg	0%	
		Total Carbohydrate 22g	8%	
		Dietary Fiber 0g	0%	
		Total Sugars 0g		
		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 2g		
0		Vitamin D 0mcg	0%	
medium grain rice	Free From:	Calcium 8mg	1%	
	😙 crustaceans 🕜 eggs 😰 fish 街 milk	Iron 0mg	0%	
	Speanuts 🛞 soy 💮 tree nuts 🋞 wheat	Potassium 28mg	1%	
		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

## Handling Suggestions **Product Specifications** Keep cool or frozen for best flavor retention Brand Manufacturer **Product Category** Tidewater Grain Co **Tidewater Grain** Serving Suggestions UPC MFG # SPC # GTIN Pack Pack Desc. 1/4 cup uncooked, 1/2 cup cooked 182008 00850036262008 2008 1/15 LB Gross Weight Net Weight Country of Origin Kosher Child Nutrition 15.6lb 15lb No United States Prep & Cooking Suggestions **Shipping Information** visit our website www.tidewatergrain.com for recipe Width Height Volume TIxHI Shelf Life Storage Temp From/To Length ideas 0.44ft3 25x3 9.75in 7.75in 10in 475days 35°F / 37°F

## powered by



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Nutrition Analysis - By Measure

Calories	100	Total Fat	Og	Sodium	0mg
Protein	2	Trans Fats		Calcium	8mg
Total Carbohydrates…	22g	Saturated Fat	Og	Iron	0mg
Sugars	Og	Added Sugars	Og	Potassium	28mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



