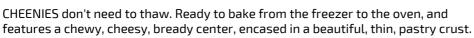
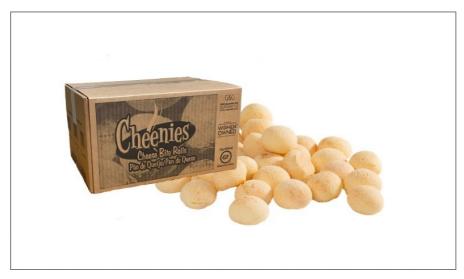


Cheenies

18219 - Cheese Bread Gluten Free







* Benefits

G&G Gourmet is a certified Minority and Women-Owned Business company, 3rd Party Certification Global Food Safety Initiative (GFSI) SQF by NSF. Since 2007 we have been making CHEENIES - natural Gluten-Free, authentic Brazilian po de queijo, using real Parmesan cheese in our simple, home-style recipe. The Liquid Nitrogen in our flash-freezing technique guarantees our product a one-year shelf-life. Ingredients: Eggs, Parmesan Cheese, Milk, Salt, and Oil

Ingredients	Allergens
Tapioca Starch, Water, Eggs, Soybean Oil, Parmesan Cheese	Contains: O eggs omilk soy
	Free From:
	grustaceans fish peanuts
	(II) tree nuts (\$) wheat

Nutrition Facts

Servings per Container 400 1.00Z (1oz) Serving size

Amount per serving Calories

70

<u> </u>	
% Da	ily Value*
Total Fat 3.5g	4%
Saturated Fat 1g	5%
<i>Trans</i> Fat	
Cholesterol 20mg	7%
Sodium 180mg	8%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 9mg	1%
Iron 0mg	0%
Potassium 9mg	0%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Keep frozen

Serving Suggestions

CHEENIES are 100% Gluten-Free, can be served as an appetizer, a snack, or as an accompaniment to a main dish such as soup, salad, or steak.

Prep & Cooking Suggestions

Baked frozen rolls in a sheet pan for about 30 minutes at 350F

Product Specifications

Brand	Manufacturer	Product Category
Cheenies	G G Gourmet	Buns & Rolls

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	18219	18219	00812268003101		4/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21lb	20lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
13.7in	10.2in	7.6in	0.61ft3	11x7	300days	-2°F / -5°F





Cheenies

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CHEENIES don't need to thaw. Ready to bake from the freezer to the oven, and features a chewy, cheesy, bready center, encased in a beautiful, thin, pastry crust.

Nutrition Analysis - By Measure

Calories	70	Total Fat	3.5g	Sodium	180mg
Protein	0	Trans Fats		Calcium	9mg
Total Carbohydrates	9g	Saturated Fat	1g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	9mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

