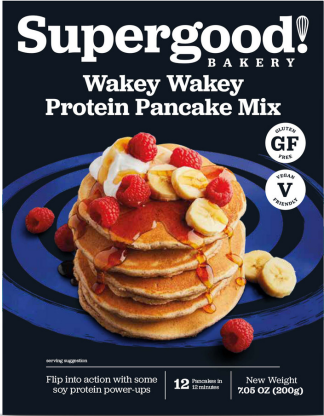




Supergood! Bakery

1860608 - Wakey Wakey Protein Pancake Mix

Wakey Wakey Protein Pancake Mix by Supergood! Bakery. Gluten-free, vegan-friendly and made with natural ingredients. Just add eggs and milk. To make vegan - just add your favourite plant-based milk.



Nutrition Facts

Servings per Container	5
Serving size	1/4cup (40g)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0.2g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 7g	
Includes 7g Added Sugar	%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Get up and go, go, go Whether youre more marathon or school run, downward-facing dog or hair of the dog, we all need a little boost sometimes. Luckily, this protein pancake mix from Supergood! Bakery have got you covered. Stacks of fluffy, golden goodness, pumped up with plant-power and ready in no time at all. Go get em. Gluten-free, vegan-friendly and clean label.

Ingredients

Flour blend (brown rice flour, tapioca flour, chickpea flour, buckwheat flour), soy protein powder (15%), sugar, gluten-free baking powder (monocalcium phosphate, corn starch, sodium bicarbonate), cinnamon.

Allergens

Contains:



Free From:



Handling Suggestions

Store in a cool, dry place. UNIT  
UPC: 5065016937004

Serving Suggestions

For 15 pancakes, add 2 eggs and 60ml cows milk.  
Make it vegan: add 140ml any dairy-free milk.

Prep & Cooking Suggestions

1. Crack your eggs into a bowl, add milk and whisk together. 2. Add pancake mix into the eggs and milk. 3. Heat up a frying pan over a high heat and add a small plug of cooking oil. Once hot, turn down to a medium heat. 4. Ladle the mixture into the pan. Wait a mo until bubbles start to appear, then flip the pancake over and cook on the other side until golden.

Product Specifications

Brand			Manufacturer			
Supergood! Bakery			Superbake Ltd			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
5065016937004	US-WWP	1860608	15065016937001		6/7.05 OZ	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
2.94lb	2.64lb	United States	No			
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10in	7in	7in	0.28ft3	24x8	237days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	1g	Sodium	0mg
Protein	8	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	23g	Saturated Fat	0.2g	Iron	0mg
Sugars	7g	Added Sugars	7g	Potassium	0mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

