



Tidewater Grain Co

1866395 - Carolina Gold Brown Rice

Carolina Gold Brown Rice by Tidewater Grain Co. Hailing from the coast of North Carolina where rice has been grown since 1685. Whole grain, nutty flavor, but not so strong your kids wont eat it!



Nutrition Facts

Servings per Container **4**
Serving size **Cooked (0.5GS21)**

Amount per serving
Calories 100

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 0mg	0%
Potassium 28mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Tidewater Grain Co is a family owned, operated farm specializing in difficult to grow Heirloom grains. Tidewater Grain is completely vertically integrated, controlling seed production, planting, harvesting, milling, packaging and distribution. Choosing to always do whats best has proven it create superior taste and quality that chefs will welcome in their kitchens. Carolina Gold Rice dates back to 1685 when it was first brought to the colonies, the first time rice was in the Americas. As the only heirloom rice in the Americas still today, the flavor profile is nutty and rich and superior to the hybrid varieties frequently used in kitchens. More flavor equals more diversity, which chefs will love. Our Brown rice is milled only enough to remove the rice husk, preserving the whole-grain flavor of the Carolina Gold Rice.

Ingredients

medium grain rice

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

cool or frozen is best to preserve tasted. Dry is fine as well UNIT UPC: 860004106395

Serving Suggestions

1/4 cup uncooked, 1/2 cup cooked

Prep & Cooking Suggestions

visit our website www.tidewatergrain.com for recipe tips

📄 Product Specifications

Brand	Manufacturer
Tidewater Grain Co	Tidewater Grain

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
860004106395	6395	1866395	00860004106395		20/15 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22lb	20lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
14in	10in	8in	0.65ft3	13x3	475days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	100	Total Fat	0g	Sodium	0mg
Protein	2	Trans Fats	0g	Calcium	8mg
Total Carbohydrates...	22g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	28mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

