



Maine Crisp

1870204 - Wild Blueberry Walnut Buckwheat Cra

Savor naturally gluten-free buckwheat flecked with wild blueberries, California walnuts, and rosemary. NonGMO, Kosher, Gluten-Free, no grains, gums, starches, or emulsifiers.



Nutrition Facts

Servings per Container 7
Serving size 6pcs (17g)

Amount per serving
Calories 70

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 11g	4%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 3g Added Sugar	6%
Protein 2g	
Vitamin D 0.01mcg	0%
Calcium 20mg	2%
Iron 0.7mg	4%
Potassium 60mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Savor naturally gluten-free buckwheat flecked with wild blueberries, California walnuts, and rosemary. Terrific paired with goat cheese and creamy blues. Deliciously satisfying on their own!

Ingredients

Buckwheat Flour, Organic Clover Honey, Organic Pumpkin Seeds, Dried Wild Blueberries (cane sugar, sunflower oil), Walnuts, Organic Brown Sugar, Organic Sesame Seeds, Organic Non-Fat Milk Powder, Organic Ground Flax Seed, Organic Rosemary, Baking Soda, Sea Salt.

Allergens

- Contains:
- milk
 - sesame
 - tree nuts
- Free From:
- crustaceans
 - eggs
 - fish
 - peanuts
 - soy
 - wheat

Handling Suggestions

Close inner bag between uses UNIT
UPC: 860002319315

Serving Suggestions

Pair with Cheese

Prep & Cooking Suggestions

n/a

Product Specifications

Brand			Manufacturer			
Maine Crisp			Maine Crisp Co.			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
860002319315	18702	1870204	10860002319312		10/4 OZ	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
4lb	3.75lb	United States	Yes			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12in	10in	6in	0.42ft3	16x10	198days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	70	Total Fat	2.5g	Sodium	80mg
Protein	2	Trans Fats	0g	Calcium	20mg
Total Carbohydrates...	11g	Saturated Fat	0g	Iron	0.7mg
Sugars	3g	Added Sugars	3g	Potassium	60mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0.01mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

