



Firehook

18947 - Sea Salt Cracker Organic

Enjoy with a hearty soup, your favorite greens or pair with you favorite cheese for a savory meal!



Nutrition Facts

Servings per Container 8
Serving size 1.00Z (1oz)

Amount per serving
Calories 100

% Daily Value*

Total Fat	0.5g	1%
Saturated Fat	0g	0%
Trans Fat		
Cholesterol	0mg	0%
Sodium	160mg	7%
Total Carbohydrate	20g	7%
Dietary Fiber	0g	0%
Total Sugars	1g	
Includes Added Sugar	0g	0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Baked from scratch and addictively crunchy. We use simple Organic ingredients to bake unevenly beautiful crackers. All from scratch since 1992.

Ingredients

Organic What Flour, Organic Honey, Organic Yeast, Salt, Organic Olive Oil

⚠ Allergens

Contains:



wheat

Free From:



Handling Suggestions

See label for suggestions

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

📄 Product Specifications

Brand	Manufacturer	Product Category
Firehook	Firehook Of Virginia Inc	Crackers

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
899055000635	67001869	18947	12899055000630		12/8 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9lb	6lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18in	14.8in	8.5in	1.31ft3	6x9	180days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	100	Total Fat	0.5g	Sodium	160mg
Protein	3	Trans Fats		Calcium	0mg
Total Carbohydrates...	20g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

