



Mitica  
19073 - Fiore Sardo Wheel

MiticaSardo is a semihard sheep's milk cheese from Sardegna, it is made in the style of Fiore Sardo. A smooth, ebony rind protects the semi-firm and crumbly pale-yellow paste. Nutty and savory flavors dominate, with a bit of sharpness on the finish.



\* Benefits

MiticaSardo is a semihard sheeps milk cheese from Sardegna that is made in the style of Fiore Sardo. Since the island has more sheep than people, its inhabitants were traditionally shepherds with generations of cheesemaking experience. The producer of MiticaSardo has been making cheese since 1962. Nutty and a bit sharp with a great depth of flavor, MiticaSardo maintains its moistness although aged 8 months. A smooth, ebony rind protects the semi-firm and crumbly pale yellow paste. Nutty, savory flavors dominate with a bit of sharpness in the finish. Grate over pasta or serve with charcuterie and olives on a cheese board.

Ingredients

Past. Sheep's Milk, Rennet, Salt.

⚠ Allergens

Contains:

milk

Free From:

crustaceans eggs fish peanuts  
 sesame soy tree nuts wheat

Nutrition Facts

Servings per Container 96  
Serving size 1.00Z (1oz)

Amount per serving  
**Calories 120**

% Daily Value*	
Total Fat 10g	13%
Saturated Fat 7g	36%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 230mg	10%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 250mg	20%
Iron 0mg	0%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep cool. Bring to room temperature before serving

Serving Suggestions

Table or grating cheese

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

Brand	Manufacturer
Mitica	Forever Cheese

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	IT196	19073	98032952890069		2/6 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.4lb	12lb	Italy	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17in	8.5in	6in	0.5ft3	12x5	117days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	120	Total Fat	10g	Sodium	230mg
Protein	8	Trans Fats	0g	Calcium	250mg
Total Carbohydrates...	0g	Saturated Fat	7g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	25mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

