



Kinara

19104 - Lou Bergier Pichin

flat toma-style cheese with mottled pale grey natural rind



Nutrition Facts

Servings per Container 0
Serving size 10Z

Amount per serving
Calories 100

% Daily Value*

Total Fat 8g 11%
Saturated Fat 5g 25%
Trans Fat

Cholesterol 30mg 10%

Sodium 560mg 24%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugar 0%

Protein 7g

Vitamin D 0mcg 0%

Calcium 160mg 12%

Iron 0mg 0%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

This 60-day aged Toma is produced with raw milk from Bruno Alpino cows and thistle-flower, a rare combination in the world of cheeses. The name literally "small mountain shepherd" in the local Occitan dialect pays tribute to Nonno Magno, the cheesemaker's grandfather. This creamy cheese has a delicate mushroomy aroma with flavors of fresh cut grass and milk. An excellent value, particularly considering the style and the quality.

Ingredients

Raw cow's milk, sea salt, thistle flower

⚠ Allergens

Contains:



Free From:



Handling Suggestions

See label for suggestions

Serving Suggestions

table cheese

Prep & Cooking Suggestions

Keep cool. When sampling, allow to reach room temperature.

📄 Product Specifications

Brand	Manufacturer	Product Category
Kinara	FOREVER CHEESE	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	n/a	19104			2/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11lb	10lb	Italy	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	19in	4in	0.44ft3	10x6	54days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	100	Total Fat	8g	Sodium	560mg
Protein	7	Trans Fats		Calcium	160mg
Total Carbohydrates...	0g	Saturated Fat	5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

