



Mitica

# 19168 - Blue Valdeon Wheel

This blue cheese is made with a mix cow and goats milks at the base of the Picos de Europa in the town of Posada de Valden. Milder than Cabrales, this creamy, medium strength blue is well balanced with earthy, tangy, and slightly spicy flavors.



## Nutrition Facts

Servings per Container 96  
Serving size 1.00Z (1oz)

Amount per serving  
**Calories 110**

% Daily Value\*

**Total Fat 9g 11%**  
Saturated Fat 6g 30%  
Trans Fat

**Cholesterol 20mg 7%**

**Sodium 380mg 17%**

**Total Carbohydrate 0g 0%**

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugar 0%

**Protein 7g**

Vitamin D 1.7mcg 9%

Calcium 169mg 13%

Iron 0.02mg 0%

Potassium 37mg 1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

This blue cheese is made with a mix cow and goats milks at the base of the Picos de Europa in the town of Posada de Valden. Milder than Cabrales, this creamy, medium strength blue is well balanced with earthy, tangy, and slightly spicy flavors. Valdeon has won a slew of awards, including a recent Spanish ministry award for best blue cheese in Spain.

### Ingredients

Pasteurized cow's and goat's milk, rennet, cheese cultures, salt, penicillium roqueforti

### ⚠ Allergens

#### Contains:



#### Free From:



### Handling Suggestions

See label for suggestions

### Serving Suggestions

table cheese, culinary cheese

### Prep & Cooking Suggestions

Keep cool and wrapped in foil when not in use. Before sampling, allow to breathe and reach room temperature.

### 📄 Product Specifications

| Brand  | Manufacturer   | Product Category |
|--------|----------------|------------------|
| Mitica | Forever Cheese | Cheese           |

| UPC | MFG # | SPC # | GTIN           | Pack | Pack Desc. |
|-----|-------|-------|----------------|------|------------|
|     | ES389 | 19168 | 98412393001079 |      | 2/6 LB     |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 13lb         | 12lb       | Spain             | No     |                 |

| Shipping Information |       |        |         |       |            |                      |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length               | Width | Height | Volume  | TlxHI | Shelf Life | Storage Temp From/To |
| 16in                 | 8in   | 5in    | 0.37ft3 | 10x10 | 162days    | 35°F / 37°F          |



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### Nutrition Analysis - By Measure

|                        |     |                     |        |              |        |
|------------------------|-----|---------------------|--------|--------------|--------|
| Calories               | 110 | Total Fat           | 9g     | Sodium       | 380mg  |
| Protein                | 7   | Trans Fats          |        | Calcium      | 169mg  |
| Total Carbohydrates... | 0g  | Saturated Fat       | 6g     | Iron         | 0.02mg |
| Sugars                 | 0g  | Added Sugars        | 0g     | Potassium    | 37mg   |
| Dietary Fiber          | 0g  | Polyunsaturated Fat |        | Zinc         |        |
| Lactose                |     | Monounsaturated Fat |        | Phosphorus   |        |
| Sucrose                |     | Cholesterol         | 20mg   |              |        |
| Vitamin A(U)           |     | Vitamin D           | 1.7mcg | Thiamin      |        |
| Vitamin A(RE)          |     | Vitamin E           |        | Niacin       |        |
| Vitamin C              |     | Folate              |        | Riboflavin   |        |
| Magnesium              |     | Vitamin B-6         |        | Vitamin B-12 |        |
| Monosodium             |     | Sulphites           |        | Nitrates     |        |

### Additional Images

