



Laura's Lean
198434 - Ground Beef Lean 96%

Laura's Lean 96% Lean Ground Beef, Never Ever; Antibiotic Free, No Hormones, 38 years of proven selling success, #1 selling natural ground beef at retail accounting for nearly 28% of sales in the U.S.



Nutrition Facts

Servings per Container	4
Serving size	4.00Z (4oz)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 75mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1mg	15%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

* Benefits

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Ingredients

Beef

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Refrigerate after Opening UNIT
UPC: 612669317063

Serving Suggestions

4 oz

Prep & Cooking Suggestions

Cook to 165 degrees

📄 Product Specifications

Brand			Manufacturer			
Laura's Lean			Meyer Natural Foods			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
612669317063	40899	198434	10028749423413		8/16 OZ	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
8.55lb	8lb	United States	No			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
20in	9.38in	6.63in	0.72ft3	10x11	14days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	4.5g	Sodium	75mg
Protein	23	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	1.5g	Iron	1mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	60mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

