



NAU Seafood

# 199715 - Octopus Salami

Crafted from the finest ingredients, our salami offers exceptional flavor. Packed with protein, healthy fats, and essential vitamins and minerals, it's a heart-healthy, low-calorie choice. Versatile and preservative-free, enjoy it alone or in various dishes.



## Nutrition Facts

Servings per Container 1  
Serving size 3.53OZ

Amount per serving  
**Calories 77**

	% Daily Value*
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat	
<b>Cholesterol</b> 40mg	<b>13%</b>
<b>Sodium</b> 256mg	<b>11%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 18g	
Vitamin D 0mcg	<b>0%</b>
Calcium 13mg	<b>1%</b>
Iron 0mg	<b>0%</b>
Potassium 0mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

**SALAMI:** An exquisite salami made from the finest ingredients, is the result of careful curing and curing, aimed to provide outstanding flavor and unforgettable experience!  
A recipe that combines natural flavors with traditional craftsmanship. Traditional salami production emphasizes quality, utilizing a healthy and satisfying food option with numerous health benefits. Salami is a rich source of high-quality protein, essential for muscle growth, repair, and overall body function. Low in fat, it's a heart-healthy choice that doesn't contribute to excess saturated fat.  
**Contains healthy fats:** including Omega-3 fatty acids, which support heart health and reduce inflammation.  
Packed with essential vitamins and minerals such as B vitamins (B2, B6, Riboflavin, Niacin, etc.), and Selenium, promoting various bodily functions.  
A flavorful option suitable for a wide range of cuisines and occasions.  
**Supports muscle recovery:** due to its high protein and healthy fat content.  
It's a flavorful and nutrient-dense food, adding both weight and volume to your diet by including a source of fat.  
Encouraging satiety and a feeling of fullness, helping you stay satisfied longer.  
An all-natural product, free from additives or preservatives, offering versatility in various presentations, alone or as part of different dishes, sandwiches, or salads.  
Dishes play a role in supporting your fitness. Whether enjoyed as a snack, a meal, or a component of a larger dish, it's a versatile and nutritious option. Consider its value to your overall health and wellness.  
- **High Protein:** Supports muscle growth and repair.  
- **Low Fat:** Promotes heart health and maintains quality.  
- **Traditional Craftsmanship:** Ensures superior taste and texture.  
- **Flavorful:** Enhances product quality and appeal.  
- **Storage Options:** Available in various packaging options.  
- **Shipping:** Shipped in insulated packaging to ensure freshness.  
- **Handling:** Please handle and consume with care.  
- **Storage:** Store in a cool, dry place.  
- **Shipping:** Please contact us for shipping information.

### Ingredients

Octopus, bay leaves, water

### ⚠️ Allergens

#### Contains:



fish

#### Free From:



crustaceans



eggs



milk



peanuts



soy



tree nuts



wheat

### Handling Suggestions

Keep frozen at -18 Celsius. Once defrost keep refrigerated! Keep at natural temperature for 10 minuts before consumption!

### Serving Suggestions

**MEDITERRANEAN DUO:** Pair octopus carpaccio and salami for a Mediterranean-inspired platter. Add olives, feta cheese, and roasted red peppers for a burst of flavor.  
**OCTOPUS & SALAMI BRUSCHETTA:** Top toasted baguette slices with octopus salami. Garnish with fresh basil and a balsamic reduction.  
**MEDITERRANEAN SALAD DUO:** Create a salad with octopus salami slices. Add mixed greens, cherry tomatoes, and a lemon-herb vinaigrette.  
**MOUTHWATERING SANDWICH:** Layer octopus salami in a sandwich. Add arugula, sun-dried tomatoes, and pesto mayo for a gourmet delight.  
**TASTY TAPAS PLATTER:** Serve octopus salami as tapas. Accompany with small dishes of aioli and spicy marinara sauce.

### Prep & Cooking Suggestions

Defrost, and it is ready to eat!

### 📄 Product Specifications

Brand	Manufacturer	Product Category
NAU Seafood	BeiraNova S.A.	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
5608212382454	115054	199715	15608212382451		20/3.53 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.45lb	4.41lb	Portugal	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.76in	10.43in	8.07in	0.72ft3	11x10	475days	-2°F / -5°F



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### Nutrition Analysis - By Measure

Calories	77	Total Fat	1g	Sodium	256mg
Protein	18	Trans Fats		Calcium	13mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

