



Ellsworth

# 20689 - Garlic Cheddar Cheese Curds

Garlic Cheese Curds by Ellsworth Cooperative Creamery is delightfully chewy, springy texture and that famous squeak sound. Salty on the outside, and cheesy on the inside. Flavored with sweet and earthy garlic, enjoy with fresh vegetables and fruits.



## Nutrition Facts

<b>Servings per Container</b>	<b>5</b>
<b>Serving size</b>	
<b>Amount per serving</b>	
<b>Calories</b>	<b>110</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 5g	<b>25%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	<b>0%</b>
Calcium 189mg	<b>15%</b>
Iron 0mg	<b>0%</b>
Potassium 26mg	<b>0%</b>

### \* Benefits

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### Ingredients

Pasteurized milk, cheese cultures, salt, enzymes, Natamycin (natural preservative), granulated garlic

### ⚠ Allergens

#### Contains:



#### Free From:



\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

See label for suggestions  
UNIT UPC: 025611620768

### Serving Suggestions

Snacking

### Prep & Cooking Suggestions

See label for suggestions

### 📄 Product Specifications

Brand	Manufacturer
Ellsworth	Ellsworth Cooperative Cre

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
025611620768	510151	20689	10025611620765		12/5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.25lb	3.77lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10.5in	9in	4in	0.22ft3	18x10	165days	35°F / 37°F



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### Nutrition Analysis - By Measure

Calories	110	Total Fat	8g	Sodium	210mg
Protein	6	Trans Fats	0g	Calcium	189mg
Total Carbohydrates...	0g	Saturated Fat	5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	26mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

