



Ellsworth

20689 - Garlic Cheddar Cheese Curds

Garlic Cheese Curds by Ellsworth Cooperative Creamery is delightfully chewy, springy texture and that famous squeak sound. Salty on the outside, and cheesy on the inside. Flavored with sweet and earthy garlic, enjoy with fresh vegetables and fruits.



Nutrition Facts

Servings per Container	5
Serving size	
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat	
Cholesterol 30mg	10%
Sodium 210mg	9%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 189mg	15%
Iron 0mg	0%
Potassium 26mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

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Ingredients

Pasteurized milk, cheese cultures, salt, enzymes, Natamycin (natural preservative), granulated garlic

⚠ Allergens

Contains:



Free From:



Handling Suggestions

See label for suggestions

📄 Product Specifications

Brand	Manufacturer	Product Category
Ellsworth	Ellsworth Cooperative Cre	Cheese

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
025611620768	510151	20689	10025611620765		12/5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.25lb	3.77lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10.5in	9in	4in	0.22ft3	18x10	165days	35°F / 37°F

Serving Suggestions

Snacking

Prep & Cooking Suggestions

See label for suggestions



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Nutrition Analysis - By Measure

Calories	110	Total Fat	8g	Sodium	210mg
Protein	6	Trans Fats		Calcium	189mg
Total Carbohydrates...	0g	Saturated Fat	5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	26mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

