

Ellsworth

20692 - Cheddar Cheese Curds Natural



Direct from the Cheese Curd Capital of Wisconsin. Often referred to as squeaky cheese, youll recognize our cheese curds by their distinctive all-natural milky white color. Made from farm certified rBST free milk, they taste like no other, which is why theyre often asked for by name.



* Benefits

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Ingredients	Allergens
Pasteurized milk, cheese cultures, salt, enzymes, Natamycin (natural preservative).	Contains: in milk Free From: crustaceans eggs fish peanuts soy tree nuts wheat

Nutrition Facts

Servings per Container Serving size

Amount per serving Calories

110

5

Calones	110
% D	aily Value*
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat	
Cholesterol 30mg	10%
Sodium 210mg	9%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 189mg	15%
Iron 0mg	0%
Potassium 26mg	1%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions

Serving Suggestions

Snacking

Prep & Cooking Suggestions

See label for suggestions



Product Specifications

Brand	Manufacturer	Product Category
Ellsworth	Ellsworth Cooperative Cre	Cheese

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
025611620713	140151	20692	10025611620710		12/5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.25lb	3.77lb	United States	No	

Shipping Information						
Length Width Height Volume TlxHI Shelf Life Storage Temp From/					Storage Temp From/To	
4.5in	9.25in	10.5in	0.25ft3	18x10	165days	35°F / 37°F





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Nutrition Analysis - By Measure

Calories	110	Total Fat	8g	Sodium	210mg
Protein	6	Trans Fats		Calcium	189mg
Total Carbohydrates	0g	Saturated Fat	5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	26mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

