



Fermin

22000 - Iberico Bellota Ham Boneless

Fermin 100% Iberico Acorn Fed Ham Boneless from Spain. This ham is the King of the Ibericos, the finest and most prestigious ham in the world. Finely sliced and serve itself or toast bread on the side.



Nutrition Facts

Servings per Container 144
Serving size 10Z

Amount per serving
Calories 120

% Daily Value*

Total Fat 10g 15%
Saturated Fat 2g 10%
Trans Fat

Cholesterol 23mg 8%
Sodium 480mg 21%

Total Carbohydrate 0g 0%
Dietary Fiber 0g 0%

Total Sugars 0g
Includes 0g Added Sugar 0%

Protein 7g

Vitamin D 0mcg 0%

Calcium 11mg 1%

Iron 0.9mg 5%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

This ham is the King of the Ibericos. Made from a free range, 100% Iberico pig. During the Montanera season (from October through February), this pig doubles its weight eating acorns and grass. Making it the finest and most prestigious ham in the world. CURED FOR 48 months using artisanal methods in La Alberca, Spain, a Natural Reserve declared a World Heritage. GLUTEN FREE. LACTOSE FREE.

Ingredients

100% Iberico acorn fed ham, salt,seasoning

⚠ Allergens

Free From:



Handling Suggestions

Refrigerate

Serving Suggestions

Finely sliced and serve by itself or with fresh Spanish bread on the side.

Prep & Cooking Suggestions

Slice and serve

📄 Product Specifications

Brand	Manufacturer	Product Category
Fermin	Fermin USA	Ham, Specialty and Other

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
818003010441	F02000	22000	10818003010448		1/9 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11lb	10lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10in	10in	10in	0.58ft3	6x15	475days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	120	Total Fat	10g	Sodium	480mg
Protein	7	Trans Fats		Calcium	11mg
Total Carbohydrates...	0g	Saturated Fat	2g	Iron	0.9mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	23mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

