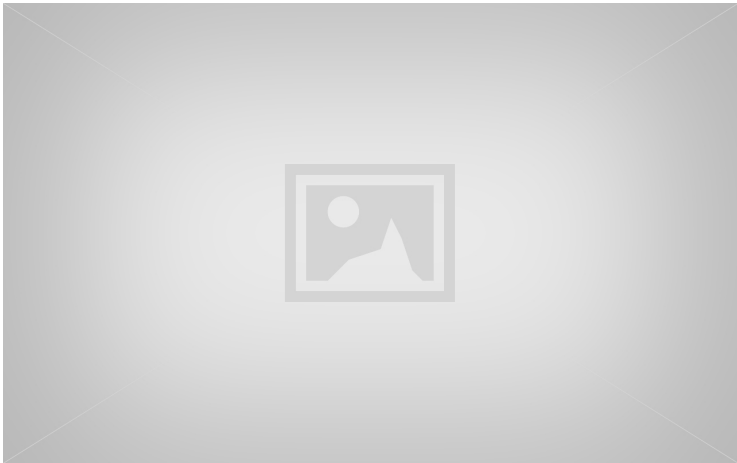




Modern Muffin

222180 - Lemon Blueberry Muffin

A classic favorite with a zest of lemon to brighten up any morning! This muffin contains a healthy dose of antioxidants and half the amount of sugar than other blueberry muffins on the market.



* Benefits

A classic favorite with a zest of lemon to brighten up any morning! This muffin contains a healthy dose of antioxidants and half the amount of sugar than other blueberry muffins on the market.

Ingredients

Unbleached wheat flour, sugar, canola oil, eggs, blueberries, lemon juice, milk, baking powder, turbinado sugar, salt, almond extract, lemon extract

⚠ Allergens

Contains:

🥚 eggs 🌰 tree nuts 🌾 wheat

Free From:

🦀 crustaceans 🐟 fish 🥜 peanuts 🧆 soy

Nutrition Facts

Servings per Container 4
Serving size Muffin (1EA)

Amount per serving
Calories 310

% Daily Value*	
Total Fat 10g	15%
Saturated Fat 1g	5%
Trans Fat	
Cholesterol 30mg	10%
Sodium 14mg	14%
Total Carbohydrate 49g	16%
Dietary Fiber 1g	4%
Total Sugars 24g	
Includes 21g Added Sugar	%
Protein 6g	
Vitamin D 0.3mcg	2%
Calcium 70mg	6%
Iron 1.8mg	10%
Potassium 80mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

📝 Product Specifications

Brand		Manufacturer	
Modern Muffin		Modern Muffin LLC	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
860585000419	22218	222180	10860585000416		6/4 CT

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.5lb	5.79lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
22in	7.5in	5.4in	0.52ft3	10x10	300days	-2°F / -5°F



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Nutrition Analysis - By Measure

Calories	310	Total Fat	10g	Sodium	14mg
Protein	6	Trans Fats		Calcium	70mg
Total Carbohydrates...	49g	Saturated Fat	1g	Iron	1.8mg
Sugars	24g	Added Sugars	21g	Potassium	80mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)•		Vitamin D	0.3mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	



Additional Images

