



BFree
235727 - Quinoa And Chia Seed Tortillas Glut

Our gluten-free wraps are made with the finest ingredients, kneaded, rolled, and shaped into tasty, wholesome wraps! Our Quinoa and Chia seed wraps are made with grains including quinoa and chia seed and high in fiber, this rap rolls and holds your favorite fresh ingredients!



Nutrition Facts

Servings per Container	6
Serving size	42grams (1EA)
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 1g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 21g	8%
Dietary Fiber 6g	21%
Total Sugars 2g	
Includes 0g Added Sugar	1%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 58.5mg	8%
Iron 2.1mg	4%
Potassium 200mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*** Benefits**

Gluten Free, Wheat Free, and Dairy Free. Wrap yourself in comfort food! Our gluten-free wraps are made with the finest ingredients, kneaded, rolled, and shaped into tasty, wholesome wraps! Our Quinoa and Chia seed wraps are made with grains including quinoa and chia seed and high in fiber, this rap rolls and holds your favorite fresh ingredients!

Ingredients

Water, Whole Grain Flours (15%)(Sorghum Flour, Brown Rice Flour, Millet Flour, Teff Flour), Bamboo Fiber, Chickpea Flour, Potato Starch, Canola Oil, Thickeners (Xanthan Gum, Guar Gum, Modified Cellulose), Milled Brown Flaxseed, Tapioca Starch, Corn Starch, Seeds (3%)(Quinoa, Chia), Sugar, Psyllium Husk, Potato Fiber, Raising Agents (Monocalcium Phosphate, Sodium Bicarbonate), Pea Protein, Acids (Citric Acid, Tartaric Acid), Salt, Yeast, Fermented Corn, Preservative (Sorbic Acid), Natural Flavorings.
May contain sesame

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

If purchased frozen, defrost at room temperature for up to 3 hours. Store in a cool dry place away from direct sunlight. Best used within 7 days of opening and store in airtight container. UNIT UPC: 852795005674

Serving Suggestions

Holds your favorite fresh ingredients

Prep & Cooking Suggestions

Heat in microwave or stovetop before use

Product Specifications

Brand			Manufacturer			
BFree			BFree Foods USA			
UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.	
852795005674	BF5727	235727	05391521694294		12/8.89 OZ	
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
8.1lb	6.67lb	Ireland	Yes			
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11.6in	9.8in	5.9in	0.39ft3	16x12	234days	-5°F / -2°F



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Nutrition Analysis - By Measure

Calories	110	Total Fat	3.5g	Sodium	180mg
Protein	3	Trans Fats	0g	Calcium	58.5mg
Total Carbohydrates...	21g	Saturated Fat	1g	Iron	2.1mg
Sugars	2g	Added Sugars	0g	Potassium	200mg
Dietary Fiber	6g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

