



Harmless Harvest  
23789 - Coconut Water  
Single serve bottles



Nutrition Facts

Servings per Container	1
Serving size	8.75OZ
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 0g Added Sugar	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 46mg	4%
Iron 0mg	0%
Potassium 590mg	13%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Benefits

Certified Organic Coconut Water sourced and bottled in Thailand. Both Fair For Life and Fair Trade Certified. Unlike other coconut waters, Harmless Harvest is not a thermally pasteurized product, but instead utilizes a proprietary micro-filtration process to deliver fresh coconut water that tastes like it came straight from the coconut.

Ingredients

Organic Coconut Water

Allergens

Contains:

tree nuts

Free From:

crustaceans eggs fish milk  
peanuts soy wheat

Handling Suggestions

See label for suggestions

Serving Suggestions

See label for suggestions

Prep & Cooking Suggestions

See label for suggestions

Product Specifications

Brand		Manufacturer		Product Category		
Harmless Harvest		Dot Foods		Juice, Single Strength, RTU		
UPC		MFG #	SPC #	GTIN	Pack	Pack Desc.
859078002672		669168	23789	00859078002696		12/8.75 OZ
Gross Weight		Net Weight	Country of Origin		Kosher	Child Nutrition
8lb		8lb	Thailand		Yes	
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
6.75in	9in	7.25in	0.25ft3	29x8	60days	35°F / 37°F



Nutrition Analysis - By Measure

Calories	70	Total Fat	0g	Sodium	40mg
Protein	1	Trans Fats		Calcium	46mg
Total Carbohydrates...	17g	Saturated Fat	0g	Iron	0mg
Sugars	15g	Added Sugars	0g	Potassium	590mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

