Single serve bottles





#### \* Benefits

Certified Organic Coconut Water sourced and bottled in Thailand. Both Fair For Life and Fair Trade Certified. Unlike other coconut waters, Harmless Harvest is not a thermally pasteurized product, but instead utilizes a proprietary micro-filtration process to deliver fresh coconut water that tastes like it came straight from the coconut.

Ingredients	▲ Allergens
Organic Coconut Water	Contains:
	Free From:  Substituting crustaceans of eggs of fish of milk of milk of the peanuts of soy wheat

# **Nutrition Facts**

Servings per Container Serving size 8.75**O**Z

**Amount per serving** Calorios

Calories	/0
% [	Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 0g Added Sugar	0%
Protein 1g	_
Vitamin D 0mcg	0%
Calcium 46mg	4%
Iron 0mg	0%
Potassium 590mg	13%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

## **Handling Suggestions**

See label for suggestions

### Serving Suggestions

See label for suggestions

#### Prep & Cooking Suggestions

See label for suggestions



#### **Product Specifications**

Brand	Manufacturer	Product Category
Harmless Harvest	Dot Foods	Juice, Single Strength, RTU

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
859078002672	669168	23789	00859078002696		12/8.75 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8lb	8lb	Thailand	Yes	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
6.75in	9in	7.25in	0.25ft3	29x8	60days	35°F / 37°F





### Harmless Harvest 23789 - **Coconut Water**

Single serve bottles



## Nutrition Analysis - By Measure

Calories	70	Total Fat	0g	Sodium	40mg
Protein	1	Trans Fats		Calcium	46mg
Total Carbohydrates•••	17g	Saturated Fat	0g	Iron	0mg
Sugars	15g	Added Sugars	0g	Potassium	590mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images		