

Bharatma

25461 - Paneer



Bharatma WORLD CHAMPION Paneer cheese is a staple ingredient in popular Indian and South Asian-inspired dishes across the country. This paneer does not melt so it is popular in curried dishes, wrapped and fried in dough, and in stir-fried dishes.



* Benefits

Description:
Bharatma WORLD CHAMPION* Paneer cheese is a staple ingredient in popular Indian and South Asian-inspired dishes across the country. This paneer does not melt so it is popular in curried dishes, wrapped and fried in dough, and in stir-fried dishes. Paneer contains no salt so it is also used in preparation of popular desserts like Rasgulla and Sandesh. Paneer contains no rennet so is for consumers who adhere to strict vegetarian diets.

*as judged at the International Cheese Technology Contest, April, 2018.

Ingredients	▲ Allergens		
Pasteurized Milk, Acetic Acid, Lactic Acid, Titanium Dioxide	Contains:		
	Free From: Substituting crustaceans of eggs of fish of peanuts of the peanut of the peanuts of		

Nutrition Facts

Servings per Container 1.00Z (1oz) Serving size

Amount per serving

Calories	90
% Da	aily Value*
Total Fat 7g	8%
Saturated Fat 4.5g	23%
<i>Trans</i> Fat	
Cholesterol 20mg	7%
Sodium 10mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 7g	_
Vitamin D 0mcg	0%
Calcium 160mg	12%
Iron Omg	0%
Potassium 20mg	0%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

See label for suggestions

Serving Suggestions

Used in curries and other savory dishes of Indian cuisine. Paneer cheese is a staple in Indian diets.

Prep & Cooking Suggestions

Cube and put in Indian curries. Can be fried (it will not melt)

Product Specifications

Brand	Manufacturer	Product Category	
Bharatma	Specialty Cheese Company Inc	Cheese Specialty	

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	GFI00133	25461	00740505001330		4/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21lb	20.35lb	United States	Yes	

Shipping Information							
	Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
	11.5in	8in	8.25in	0.44ft3	16x7	120days	35°F / 37°F





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Nutrition Analysis - By Measure

Calories	90	Total Fat	7g	Sodium	10mg
Protein	7	Trans Fats		Calcium	160mg
Total Carbohydrates	1g	Saturated Fat	4.5g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	20mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	20mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images					

