

Ocean's

260006 - Brisling Wild Sardines In Olive Oil



Tiny, delicious fish caught in the icy waters of the North Atlantic during prime winter catching months. Naturallyrich in omega-3sthey are the most tender and delicate Sardine variety. After lightly smoking with a blend of Douglas Fir, Oak and Beech, they are hand packed into tins.



* Benefits

Tiny, delicious fish caught in the icy waters of the North Atlantic during prime winter catching months. Naturallyrich in omega-3sthey are the most tender and delicate Sardine variety. After lightly smoking with a blend of Douglas Fir, Oak and Beech, they are hand packed into tins and seasoned. Brislings offer excellent value to a unique sardine consumer.

Ingredients	▲ Allergens
Brisling Sardines, Olive Oil, Salt. Contains: Fish (Sardines).	Contains:
	Free From: Specific crustaceans of eggs of milk of peanuts of sesame of soy of tree nuts of wheat

Nutrition Facts

Servings per Container 80.0g (80g) Serving size

Amount per serving Calarias

Calories	220
%	Daily Value*
Total Fat 17g	22%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 90mg	30%
Sodium 380mg	17%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 17g	
Vitamin D 4mcg	20%
Calcium 260mg	20%
Iron 2mg	8%
Potassium 160mg	4%

a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Refrigerate after opening. UNIT UPC: 065302600006

Serving Suggestions

Eat straight out of the tin or add to any preparation such as salads, pastas, sandwiches, etc.

Prep & Cooking Suggestions

Open and serve or add to your favorite preparation.

Product Specifications

Brand			Manufacturer			
Ocean's			Power Selles Imports			
LIDC	MEG #	CDC #	CTIN	Dack	Pack Dosc	

065302600006	OC301	260006	100653026000	003	12/3.75 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
3.6lb	2.81lb	United Kingdom	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.14in	4.45in	3.38in	0.1ft3	34x15	999days	60°F / 77°F





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Nutrition Analysis - By Measure

Calories	220	Total Fat	17g	Sodium	380mg
Protein	17	Trans Fats	0g	Calcium	260mg
Total Carbohydrates	0g	Saturated Fat	3.5g	Iron	2mg
Sugars	0g	Added Sugars	0g	Potassium	160mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	90mg		
Vitamin A(IU)•		Vitamin D	4mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

0	Additional Images		

