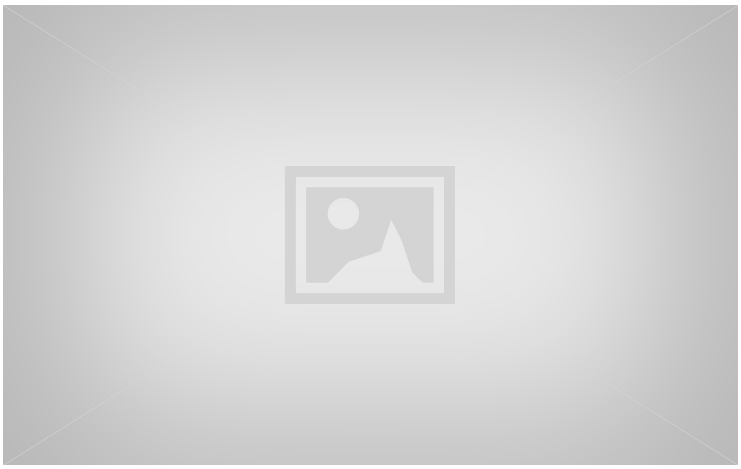
Culinary Masters

26023 - **Black Caraway Seed**

CARBLK IND ETO - INDIAN BLACK CARAWAY SEED ETO TREATED
also known as Nigella sativa seeds or kalonji
Black caraway seeds are a spice in many cuisines, including Middle Eastern, Indian, and South Asian



Nutrition Facts

23 Servings Per Container

Serving size **100.0g (100g)**

Amount per serving

Calories **333**

	% Daily Value*
Total Fat 15 g	**20%**
Saturated Fat 1 g	**5%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 17 mg	**0%**
Total Carbohydrate 50 g	**38%**
Dietary Fiber 38 g	**100%**
Total Sugars 0 g	
Includes 0 g Added Sugar	**0%**
Protein 15 g	
Vitamin D 0 mcg	**0%**
Calcium 689 mg	**53%**
Iron 16 mg	**89%**
Potassium 1351 mg	**39%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Black Caraway Seed (Nigella Seed)

Ingredients

PURE BLACK CARAWAY

Allergens

May Contain:

crustaceans, eggs, fish, milk, peanuts, sesame, soy, tree nuts, wheat

Handling Suggestions

AMBIENT STORAGE---
UNIT UPC: 820581260231

Serving Suggestions

COOKING

Prep & Cooking Suggestions

Unprepared

Product Specifications

Brand	Manufacturer
Culinary Masters	Culinary Masters

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
820581260231	106023 Bulk	26023	10820581260238		1/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.2 lb	30 lb	India	No	

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.5 in	15.5 in	11 in	1.53 ft3	6x5	117 days	60 °F / 77 °F

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Nutrition Analysis - By Measure

Calories	333	Total Fat	15 g	Sodium	17 mg
Protein	15	Trans Fats	0 g	Calcium	689 mg
Total Carbohydrates•••	50 g	Saturated Fat	1 g	Iron	16 mg
Sugars	0 g	Added Sugars	0 g	Potassium	1351 mg
Dietary Fiber	38 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)•		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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