



Mitica

# 26267 - 1 Year Manchego Dop

Manchego is a DOP cheese, which can be made only from the milk of the Manchega sheep that graze in the region of La Mancha. The pattern on the rind honors a time when the cheese was wrapped in woven esparto grass. This excellent Manchego cheese is produced with raw milk and aged one year.



## Nutrition Facts

Servings per Container 96  
Serving size 1.00Z (1oz)

Amount per serving  
**Calories 110**

% Daily Value\*

Total Fat	9g	12%
Saturated Fat	7g	35%
Trans Fat		
Cholesterol	30mg	10%
Sodium	160mg	7%
Total Carbohydrate	0g	0%
Dietary Fiber	0g	0%
Total Sugars	0g	
Includes Added Sugar	0g	0%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	390mg	30%
Iron	0mg	0%
Potassium	0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

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### Ingredients

Unpasteurized Manchega sheep's milk, cheese cultures, calcium chloride, rennet, salt, lysozyme (from egg). Inedible rind

### Allergens

**Contains:**

eggs milk

**Free From:**

crustaceans fish peanuts soy tree nuts wheat

### Handling Suggestions

See label for suggestions

### Serving Suggestions

Table cheese

### Prep & Cooking Suggestions

Sample at room temperature. The natural rind may develop a dusting of mold that is easily brushed away with a dry cloth. Traditionally paired with membrillo and Rioja. Excellent with fig jam, or shaved for any number of culinary uses.

### Product Specifications

Brand	Manufacturer	Product Category
Mitica	Forever Cheese	Cheese Natural Other

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	ES260	26267	98437001641263		2/6 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13lb	12lb	Spain	No	

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17in	9in	5in	0.44ft3	10x10	219days	35°F / 37°F



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## Nutrition Analysis - By Measure

Calories	110	Total Fat	9g	Sodium	160mg
Protein	7	Trans Fats		Calcium	390mg
Total Carbohydrates...	0g	Saturated Fat	7g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

