



Rustic Bakery

26744 - Everything Spice Flatbread Bites Or

Organic sourdough flatbread bites seasoned with salt, sesame seeds, garlic, onion, and poppy seeds. Pair with artisanal cheese, dips, and pate, or add them to your next entertaining board!



Nutrition Facts

Servings per Container 4
Serving size 1.00Z (1oz)

Amount per serving
Calories 80

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 2g | 3% |
| Saturated Fat 0g | 0% |
| Trans Fat | |
| Cholesterol 0mg | 0% |
| Sodium 310mg | 13% |
| Total Carbohydrate 15g | 5% |
| Dietary Fiber 1g | 4% |
| Total Sugars 2g | |
| Includes 1g Added Sugar | 2% |
| Protein 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 20mg | 2% |
| Iron 0.4mg | 2% |
| Potassium 50mg | 1% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Organic sourdough flatbread bites seasoned with salt, sesame seeds, garlic, onion, and poppy seeds. Pair with artisanal cheese, dips, and pate, or add them to your next entertaining board!

Rustic Bakery founders Carol LeValley & Josh Harris found their passion for baking in a simple sourdough flatbread cracker specifically designed to complement artisanal cheeses. Since their opening in 2005, they have expanded into four cafes and a wholesale line with nationwide distribution. In addition to its artisanal crackers, Rustic Bakery is known for its beautiful line of hand-cut cookies. Ingredients are locally sourced and organic/non-GMO whenever possible.

Ingredients

Organic Wheat Flour, Organic Sourdough Culture (organic wheat flour, water), Organic Cane Sugar, Everything Spice Blend (white sesame seeds, garlic, onion, black sesame seeds, poppy seeds), Organic Olive Oil, Organic Canola Oil, Sea Salt

Allergens

Contains:

wheat

Free From:

crustaceans eggs fish milk
 peanuts soy tree nuts

Handling Suggestions

Store in a dry, cool place.

Serving Suggestions

Pair with artisanal cheese, dips, and pate, or add to your next entertaining board!

Prep & Cooking Suggestions

No prep required; simply open and serve.

Product Specifications

| Brand | Manufacturer | Product Category |
|---------------|-------------------|------------------|
| Rustic Bakery | Rustic Bakery Inc | Crackers |

| UPC | MFG # | SPC # | GTIN | Pack | Pack Desc. |
|--------------|-------|-------|----------------|------|------------|
| 756963170310 | 26744 | 26744 | 10756963400070 | | 12/4 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 4.2lb | 4.2lb | United States | No | |

| Shipping Information | | | | | | |
|----------------------|-------|---------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 7.25in | 11in | 14.25in | 0.66ft3 | 11x10 | 180days | 60°F / 77°F |



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Nutrition Analysis - By Measure

| | | | | | |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories | 80 | Total Fat | 2g | Sodium | 310mg |
| Protein | 2 | Trans Fats | | Calcium | 20mg |
| Total Carbohydrates... | 15g | Saturated Fat | 0g | Iron | 0.4mg |
| Sugars | 2g | Added Sugars | 1g | Potassium | 50mg |
| Dietary Fiber | 1g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(U) | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

