

Gourmet Kitchen 271268 - Gruyere, Leek & Spinach Tart 14 Inc See package for details



		Nutrition Fa	cts	
	Servings per Container 63 Serving size 100.0g (100g)			
		Amount per serving Calories	240	
Charles and		% Da	aily Value*	
The second second		Total Fat 15g	19%	
		Saturated Fat 7g	35%	
		Trans Fat 0g		
		Cholesterol 80mg	27%	
★ Benefits		Sodium 760mg	33%	
· · · · · · · · · · · · · · · · · · ·		Total Carbohydrate 18g	7%	
Aged Gruyere & Summer Leek Lar	ge Savory Tart 14	Dietary Fiber 0g	0%	
		Total Sugars 3g		
		Includes 1g Added Sugar	%	
Ingredients	Allergens	Protein 7g		
		Vitamin D 0mcg	0%	
DOUGH INGREDIENTS:QUICHE DOUGH SHEETS (enriched flour [wheat flour, malted barley flour, naicni, iron, thiamin mononitrate, riboflavin, folic acid], palm oil, soybean oil, nonfat milk, leavening [sodium	Contains:	Calcium 156mg	10%	
aluminum phosphate, baking soda], sugar, water, contains less than 2% or less of the following: dextrose, salt, egg, soy flour), and/or DOUGH (FLOUR	🔘 eggs 🕧 milk 👒 soy 🏽 wheat	Iron 2mg	10%	
[wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], BUTTER [cream, salt], LIQUID EGGS [whole egg, citric acid, 0.15% water added as carrier for citric acid, citric acid added to preserve color],	Free From:	Potassium 76mg	2%	
WATERS, FLOUR (wheat flour, niacin, reduced iron, thiamin ononitrate, "iboflavin, folic acid), FOOD RELASE SPRAY (soybean oil, soy lecithin). FILLING INGREDIENTS: GRUYERE CHEESE (pasteurized cow's milk, salt,chese cultures, microbial rennet, calcium chloride, cellulose to prevent caking). LEEKS (sliced), ONIONS, SPINACH, LIGHT CREAM (milk, cream, and less than 0.5% of gellan gum, and disodium phosphate and sodium citrate [mineral salts added to prevent seperation in hot liquids), PASTEURIZED EGG (whole egg. critic acid, 0.15% water added as carrier for citric acid, citric acid added to preserve color), BUTTER (cream, salt), SALT (salt, sodium silicoaluminate, dextrose, potassium iodide), BLACK PEPPER, THYME.	(i) crustaceans (ii) fish (iii) peanuts (iii) sesame	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

Handling Suggestions

Keep frozen at OF

Serving Suggestions

breakfast service. Suggested serving size approx. 100g

Prep & Cooking Suggestions

350-375F for 8-10 minutes. Cook from frozen to internal temp of 165F

Product Specifications

Brand					Manufacturer				
Gourmet Kitchen					Gourmet Kitchen Inc				
UPC	MFG	# 5	SPC #	(STIN		Pack		Pack Desc.
	ACQ12	268 2	71268	006915	50371268	84			9/24 OZ
Gross Weight Net Weight Co		untry of	try of Origin Ko		osher Child Nutritio		ild Nutrition		
14.28	Blb	13.5lb	b l	Jnited St	tates		No		
Shipping Information									
Length	Width	Height	Volume	TIxHI	Shelf L	ife	Storage Temp From/To		
14.25in	13in	3.5in	0.38ft3	9x17	475da	ys	-5°F / -2°F		







Nutrition Analysis - By Measure

Calories	240	Total Fat	15g	Sodium	760mg
Protein	7	Trans Fats	Og	Calcium	156mg
Total Carbohydrates…	18g	Saturated Fat	7g	Iron	2mg
Sugars	3g	Added Sugars	1g	Potassium	76mg
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	80mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



Syndigo