



Clifty Farms

29377 - Clifty Farm Country Ham Fully Cooke

Display behind the glass in a Deli case, slice as needed.



Nutrition Facts

Servings per Container 40
Serving size 2.00Z (2oz)

Amount per serving
Calories 242

	% Daily Value*
Total Fat 8g	12%
Saturated Fat 3g	15%
Trans Fat	
Cholesterol 46mg	15%
Sodium 688mg	30%
Total Carbohydrate 30g	11%
Dietary Fiber 0g	0%
Total Sugars 40g	
Includes 40g Added Sugar	80%
Protein 28g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Fully Cooked Boneless Country Ham

Ingredients

Ham, Salt, Sugar, Sodium Nitrate, Sodium Nitrite, Glaze - Brown Sugar, White Sugar, Spices, Honey Powder, Oil of Orange

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- soy
- tree nuts
- wheat

Handling Suggestions

Keep refrigerated

Serving Suggestions

Sandwich meat, sliced and use as a entree protein.

Prep & Cooking Suggestions

Slice and serve

Product Specifications

Brand	Manufacturer	Product Category
Clifty Farms	Clifty Farm	Pork

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
	746	29377	90021002007463		2/5 LB

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.72lb	10lb	United States	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.25in	11in	4.25in	0.41ft3	10x10	300days	35°F / 37°F



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Nutrition Analysis - By Measure

Calories	242	Total Fat	8g	Sodium	688mg
Protein	28	Trans Fats		Calcium	0mg
Total Carbohydrates...	30g	Saturated Fat	3g	Iron	0mg
Sugars	40g	Added Sugars	40g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	46mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

