



Valley Lahvosh

30013 - Lahvosh Hearts

Our signature Heart Lahvosh, in the 4.5 oz. box, consistently rank as one of our top selling items. Use as a natural companion for any cheese, dip, or topping, as a healthy snack, or add to a charcuterie board.



Nutrition Facts

Servings per Container	4.5
Serving size	30g
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
<i>Trans Fat</i>	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 2g Added Sugar	4%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 10mg	1%
Iron 1.3mg	7%
Potassium 50mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Packed with personality, our Hearts are playful and unique. Our signature Hearts, in the 4.5 oz. box, also consistently rank as one of our top selling items. Whether as a natural companion for any cheese, dip, or topping or as a healthy snack, Hearts are always a conversation starter. The heart-shape also makes these crackers perfect to add to a charcuterie board.

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: HULLED SESAME SEEDS, PALM OIL, INACTIVE YEAST, YEAST, NONFAT MILK, INVERT SUGAR, SALT, GUAR GUM, MALTED BARLEY, MALTODEXTRIN, DEXTROSE, WHEAT FLOUR, CELLULOSE GUM, FOOD STARCH-MODIFIED.

Allergens

Contains:

milk wheat

Free From:

crustaceans eggs fish peanuts
 soy tree nuts

Handling Suggestions

Once open, seal inner bag and close box; store in a dry place.

Serving Suggestions

Lahvosh is generally used as a carrier cracker or as a snack cracker.

Prep & Cooking Suggestions

Lahvosh can be eaten right out of the package for a healthy snack or used as a carrier cracker with cheeses, dips, and spreads. Also perfect to add to a charcuterie board along with meats, cheeses, fruits, and nuts.

Product Specifications

Brand	Manufacturer	Product Category
Valley Lahvosh	Valley Lahvosh Baking Co	Grocery

UPC	MFG #	SPC #	GTIN	Pack	Pack Desc.
078466013001	4701300	30013	50078466013006		12/4.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
5.5lb	3.38lb	United States	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20.63in	8in	8.5in	0.81ft3	12x8	364days	60°F / 77°F



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Nutrition Analysis - By Measure

Calories	110	Total Fat	1.5g	Sodium	150mg
Protein	4	Trans Fats		Calcium	10mg
Total Carbohydrates...	23g	Saturated Fat	0.5g	Iron	1.3mg
Sugars	2g	Added Sugars	2g	Potassium	50mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

